



Corric 2018









CORRIC 2018

Sacred Heart High School  
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[www.sacredheartkingston.com](http://www.sacredheartkingston.com)

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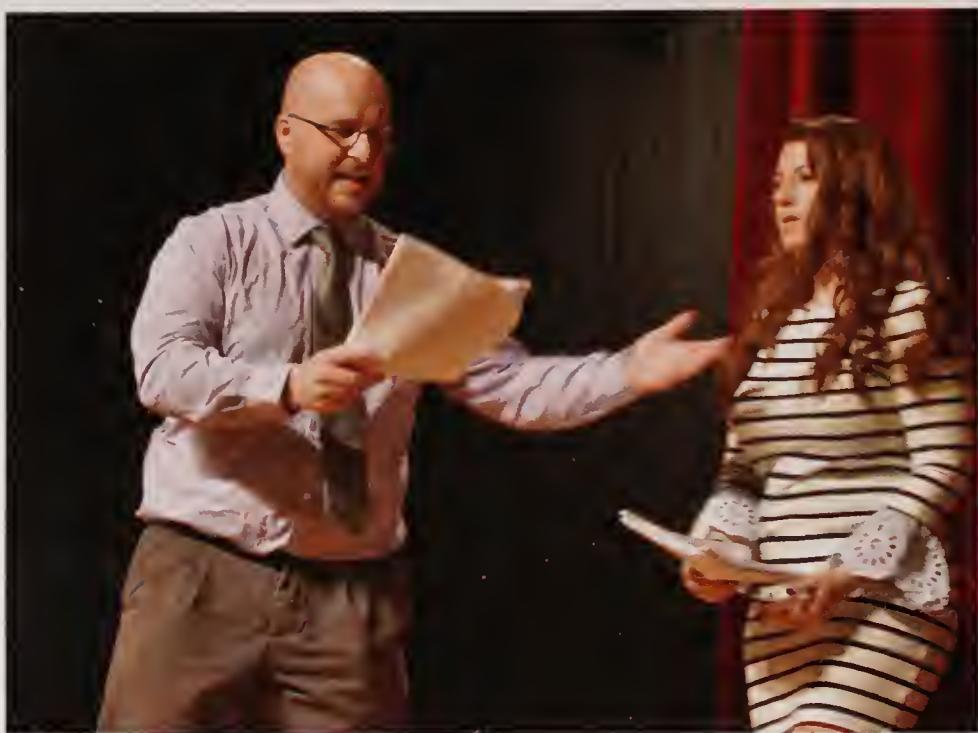
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## ADMINISTRATION



*President*  
*Sr. Myra Rodgers, CDP*

Right : Principal Dr. Michael Gill meets with students to set a good tone for the year.



Right : Assistant Principal Mrs. Jean Marston establishes a welcoming atmosphere.



*Principal*  
*Dr. Michael Gill*  
*Ed.D.*



*Assistant Principal*  
*Mrs. Jean Marston*  
*C.A.G.S., A.B.D.*



Jennifer Abraham John Ayala Debora Barry Eugene Boyles Brittany Bradford Lindsay Briggs Marie Bruninghaus



Sr. Janice Carmen, S.N.D. Mary Carroll Ray Concannon Matthew Cox Sean Cunningham Jennifer Deegan Simone Desouza



Winifred Dick Ruth Driscoll Michael Duchaney Jennifer Duffey Robert Duquette Beth Eddy John Fahey



Susan Gallitano Michael Gill Patricia Gillespie Taylor Hathaway Andrea Hurm Marguerite Juliano Michael Labelle



Sandy Lavoie Craig Lochiatto Clair Lombardo Ashley Lottes Jean Marston Joseph Masi Sr. Emma Jean Middendorf



Justine Murphy

Lynne Ann Murphy

Donna Nolan

Kathleen Norris

Karen Noyes

Jonathan Olson

Sr. Betsa Palomino



Laura Parry

Mike Parsons

Margaret Pasquale

Dan Sapir

Amira Schumann

Richard Steele

Nancy Swanson



Ann Taylor

David Terkelson

Julie Trahon

Bridget Wakelin

Sarah Ward

Scott Wilhelm

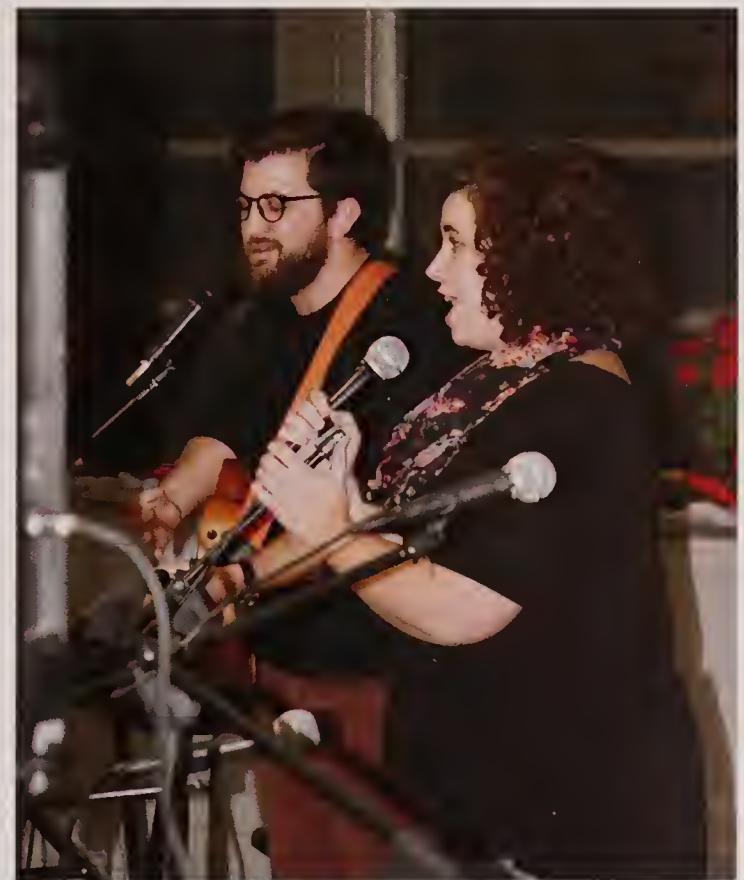
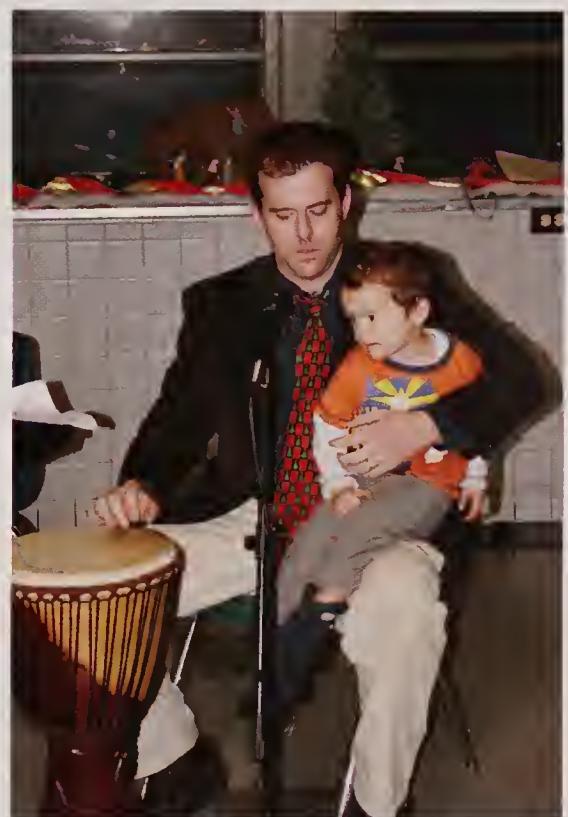


## PERSONALITY



## FACULTY





PERFORMANCE

# ALL SORTS







*Hannah Andrade*

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Speech and Debate 9-12, Speech and Debate Captain 11-12, Theatre 9-12, S.A.D.D 9-12, Lingua Franca Contributor 9-12, French Honor Society 9-10

A few standout people that I that I would like to thank who have helped me over the years are, first, my family, who put up with the ups and downs that high school brought. Also my friends who have berated me through impulsive haircuts, helped with managing theatre, and have supported me unconditionally. M.K, E.L, T.L, E.R and K.T- thank you for everything. A million thank yous to the arts program here: especially Theatre and the Speech Team. I have been a part of this community for the past 7 years, since Dan Sapir took me in as a shy, awkward 6th grader, and it is easily the biggest part of my life. Thank you for helping me grow into the person I am today. Thanks, Sacred Heart. It's been a wild 13 years, and I wouldn't have it any other way. Also, thanks for being my backup when I need a teaching job in a few years.

“Today is going to be a good day and here’s why: because today, at least you’re you, and that’s enough” - Evan Hansen, Dear Evan Hansen

“The things that make you strange are the things that make you powerful” - Ben Platt

*Peter Beuttel*

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Football : 10-12 , Capt. 12 All Star 11, 12

Basketball : 10

Lacrosse : 10-12

Thank you to all the very supportive and generous teachers, family, and friends that I have met here at Sacred Heart.



*Jillian Blake*

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Varsity Softball 9-12, JV/Varsity Volleyball 9-12, Basketball Manager 11-12, 2x All-Scholastic All Star, Peer Ministry 11-12, Student Ambassador 9-12, Sacred Heart Scholars 9-10, National Honors Society 11-12

I never would have thought Sacred Heart would have made such an impact on my life in just four short years. Thank you Mom, Dad, Grammy, Mimi, and Bumpa for never giving up on me and pushing me to put my best effort forward. My friends Reagan, Elena, Kaitlyn, Abby, and Mia for keeping me sane even on the most stressful of days. Mr. Morehouse, Mr. Olson, Mr. Duchaney, Mrs. Dick, and Mr. LaFortune thank you for believing I could always achieve more than I intended. Lastly, to B for listening to me whine and being as big of a softball enthusiast as myself. Thank you Sacred Heart for all of the amazing friends, teachers, and coaches I have met along the way, and for allowing me to be apart of your family forever.

“If ever there is tomorrow when we’re not together, there is something you must always remember. You are braver than you believe, stronger than you seem, and smarter than you think.” - Winnie the Pooh

## *Cody Boyington*

Varsity Basketball 10th-11th, Varsity Baseball 10th

I'd like to start off by thanking my family for allowing me to go to Sacred Heart. It has changed my life in many different ways. I'd also like to thank all of my friends for helping me get through high school and change me as a person for the better. A special thanks goes out to "The Boys" (Andy Downey, Mike Walsh, Sebas MacMillan & Sean Dorion) for always knowing how to have a good time and always having my back when I need them. Coming into Sacred Heart Mr. Concannon and Ms. Gillespie taught me what religion is really all about and they made learning religion fun. For the two years I played basketball I enjoyed every minute of it, every day was a different experience and there was always something to be looking forward too. I also decided to try baseball because my grandmother really wanted me to play and I decided I would give it a shot and I ended up enjoying it even though I hadn't played it in years. Sacred Heart High School has been a very positive experience and has been a lifechanging ride.

"Hard work beats talent when talent fails to work hard" - Kevin Durant

"When you wanna succeed as bad as you want to breathe then you will be successful" - Eric Thomas



## *Lily-Rose Bracken*

Thank you Mom and Dad for putting me through Sacred Heart, I appreciate everything you've done for me.

I will always remember the times with Liv, Antoina, and Rose especially at lunch and on the senior white water rafting trip. You were the only people that made the four years bearable.

Shoutout to my best friend (if you don't know who you're irrelevant) for getting me through high school. We've had every class together since freshman year and I don't know what I'd do without you. I will always look back at the memories we've made and either laugh, cringe, or cry. It will be weird not hanging out every day, but I know our friendship will last forever.

"People stare at me like they never seen a walking goddess." - Kim K



## *Caitlin Brown*

National Honor Society 11-12, S.H. Scholars 9-10, Spanish Honor Society 10-11, SADD 9-11, Sacred Heart Image Players 9-10, JV Volleyball 11, Varsity Cheerleading 9-12, Varsity Tennis 9-10

I'd like to thank my family, especially my mom, for supporting me through my high school experience. Thank you for helping me with everything in my life, whether it was academic related or not. So much you've done for me did not go unnoticed: thank you so much for helping me with college applications, and loving me even when I come across as unappreciative. To my friends- Julia, Kristen, and Caitlin to name a few- thank you all so much for being there for me, listening to me complain, and making memories with me that will last a lifetime. Lastly, thank you to Sacred Heart for an amazing 12 years; I've made so many memories and learned so much within these past years. I can't wait to see what great things life has to offer for the class of 2018!

"I wish there was a way to know you're in the good old days before you've actually left them." - Andy Bernard, The Office: S9E23





## *Christopher Brown*

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Varsity Track 9-12, Varsity XC 9,10,12, SADD 9-12, Roots and Shoots 12  
Thanks to my family and friends for being there for me throughout my HS career. Mom, thank you for everything, literally everything. You've done so much for me that goes underappreciated, been there for me every step of the way, and made so many sacrifices, so many I can't even count for my success. Dad although we don't see each other much you've been my role model and inspired me to follow your footsteps and become an Entrepreneur. To my best friend Cam, back in 5th, you introduced me to one of my passions in life, video games. I can't thank you enough for this, it has shown me that I want to incorporate it into my future. To everyone apart of the late night, skype calls you make it easier to fall asleep in my class and I thank you for that. Last but not least I'd like to thank everyone at my lunch table even though I lose my appetite most days from overhearing your conversations. You all have become best friends of mine and I hope as we go our separate ways at the end of this year we all remain in touch. - "It's not how much time you have, it's how you use it" -Ekko

## *Brian Buckley*

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Football 9-12, Varsity Baseball 9-12, S.H. Scholars 9-10, Peer Ministry 12

I'd like to thank my Mom, Dad, and grandparents for sending me to Sacred Heart. I'd also like to thank Mr. Cunningham, Mr. Terkelsen, Mr. Olson, Mrs. Lombardo, Mr. Concannon and all of the other faculty members for educating me as well as they did and for making high school such an enjoyable experience. Thank you Coach Byrne, Mr. Boyles, Coach Hurm, and all coaches past and present for coaching me so well and by helping me come to love and appreciate sports more than I thought that I could, for making me expect better of myself, and for pushing me to succeed. Thank you Sam, Nick, Cam, Chris, Sean, Teaghan, Peter, and all of my other friends that I have made over the past four years of high school. Thank you all for making it so much fun and for making me want to come to school every day. It's been such a great time and I wish everyone else the best of luck.

"I knew exactly what to do. But in a much more real sense I had no idea what to do." - Michael Scott



## *Mia Camelio*

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Varsity Soccer 12, Varsity Basketball 10-12, Varsity Tennis 9-12, NHS 11-12, S.H. Scholars 9-10

Thanks to everyone who stuck with me and supported me through all my thirteen years at Sacred Heart. I couldn't have gotten to where I am today without my dad, Bob, who's given me constant love and support by being the old and amazing person that he is. Molly and Matt, thank you for being my backbone; when push came to shove you guys were always there for me in this economy. To all my best friends, whether we met in kindergarten, fifth grade, or our final years of highschool, I'll love you guys forever and thanks for being my 'mega besties' and partners in crime. Thank you to my tennis family; I don't know if our slices will ever get better, but at least we'll go down trying. I want to especially thank my mom for watching over me during my highschool career. I can hope to be as amazing as you were even if my ambitions aren't "to be successful, retire at fifty, and to be a truck driver" like yours were as a senior in highschool.

"Everything is going to be okay" - Andrew Glynn

## *Peter Carchidi*

Varsity Golf 9-12, JV Basketball 9-11, Varsity Basketball 12, National Honors Society 11-12, SH Scholars 10-11, Latin Honors Society 9-12, Peer Ministry 11-12

First, I would like to thank both of my parents who always encouraged me to follow my own path and do what I thought was right. I want to thank my sister and brother who always supported me. I appreciate all of the experiences that Sacred Heart has given to me and the relationships I have formed with teachers throughout my years here. I appreciate all of the friends that I have made at Sacred Heart through sports and academics. Teaghan Gokey, who showed me that words are not the only medium to express creativity, ideas and personality. Sam Presutti, who taught me to relax and have fun every now and then. Coaches Dunn, Bigandi and Lochiatto, who taught me to play the game using my strengths and taught me something new almost every practice. I have thoroughly enjoyed my 12 years at SH and thank them for everything they have given to me.

“You may not realize it when it happens, but a kick in the teeth may be the best thing in the world for you.” - Walt Disney



## *Reagan Cavanaugh*

Student Council 9,11, E-Board 12, Student Ambassador 9-12, Peer Ministry 11-12, Pulse Club Co-Founder 11-12, Global Ambassador 11-12, Chess Club 12, Newspaper 12, SADD 9-12, Varsity Softball 9-10, Varsity Soccer 9-12

Thank you to my family & friends for helping me through high school and supporting me through everything. Mama Cav, thanks for being my #1 fan, for supporting every little crazy thing I have done, and raising me to be the person I am today. Payton, thanks for always finding the bright side in every situation. Dad, thanks for always encouraging me to do my very best. Kaitlyn, thanks for being my best friend since 5th grade and always being someone to sing 1D and HSM with. Rachel, thanks for being my first friend at SH, I don't know what I would've done without you all these years. Jill, thanks for being you and helping me figure out the past four years. Lastly thanks to the Class of 2018, I am so grateful for all the memories, can't wait to see where the next chapter takes us!

“There are no great limits to growth because there are no limits of human intelligence, imagination, and wonder.” -Ronald Reagan



## *Mary Chapin*

Varsity Tennis 9-12 Peer Ministry 11-12 Literary Magazine 11-12 SADD 9-11 Varsity Volleyball 11-12 National Honor Society 11-12 N.H.S. Vice President 12

First I would like to thank my parents for supporting me through my high school career. Thank you for loving me, even when it's difficult, thanks for staying up late with me to finish projects that should have been done earlier, and thanks for filling my gas tank. I also would like to thank my brother, Matthew, for cheering me up when I am down and never letting me get too caught up in the little things. You are a ray of sunshine even when you're grumpy. You never cease to amaze me with the things you know and do. Thanks to my tennis family for letting me share the best times of my life with you on and off the court, I will cherish the memories made with you forever. Lastly, thanks to my teachers and coaches for guiding me through these years. I look forward to moving on the next part of my life with so many great memories from high school.

“When stepping out into the unknown, have faith that you will land on your feet or be taught to fly” ~Unknown





*Ian Coletti*

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Varsity Cross Country 10-12, Junior Varsity Soccer 9, Varsity Track and Field 9-12, National Honors Society 11-12, Latin Honors Society 9-12, S. H. Scholars, Roots and Shoots 9,10,12

Considering the nature of causality, each and every person I know has probably helped me in some way. Thank you all! Specifically, I thank Mom, Dad, Mr. terkelsen, Mrs. Dick, and the entire Guidance office. I also thank my Grandmother, Barbara, and my dog, Pal, although they are no longer with us. Live long and prosper, SH.

"I hope not to think that anyone has lived, or is living, or will live, and had, or has, or will have no need of learning or the revision of ideas. Then again, I might change that view after a bit more learning." Ian Coletti

*Olivia Colombo*

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Roots & Shoots VP & P 7-12, Engineering Founder & President 8-12, Pulse Pro-Life Founder & Captain 10-12, Peer Minister 11-12, Moody's Captain 11-12, Varsity XC 11-12 & Captain 12, Varsity Track 11-12 & Captain 12, Theater 7-10, Varsity Speech 8-10, SADD 10-12, Heartbeat Editor 10-12, Spanish Honor Society 10-12, NHS P 11-12

Thank you to the God that made me and to the family that taught me to love Him. Thank you Mom & Dad for helping me achieve, pushing me to be my best, traveling all over, putting up with my wild ideas, and allowing me to take a step out of all of our comfort zones to do crazy things like go to Haiti. Thank you Max for sharing my love of robots & Adoration, and for making me a big sister. I love you all (and Ozzy!), and thank you for teaching me to work hard and love big. Thank you to all my Sacred Heart nerds, Dr. Jane's NYLC, DW, P3, and Seaside Lifeteen for being my second families through HS, and thank you Fr. Sinisa (hand hug!), Fr. Matt, Deacon Kevin, Mickayla, & Kathleen (chimpanzee emoji!) for being my spiritual family.

"Decide what kind of difference you want to make." –Dr. Jane Goodall. Verso L'Alto.



*Rose Crossman*

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Varsity Lacrosse 9-12 Varsity Soccer 9-10 Varsity Cheerleader 11 SADD 9-10

Thank you to my entire family who helped me to succeed throughout my high school experience. Thank you Mom for always pushing me to try harder and being there for me. Thank you Dad for being someone I could always talk to and for helping me to become the person I am today. Thank you Zach for being a great brother. Thank you Mimi and Papa and to all my aunts, uncles, grandma, and cousins for coming to my sporting events. Thank you to Antonya, Liv, Lily, and Maggie for being great friends and making every day of my high school experience fun. Thank you Coach Maxie and Coach Kate Kasey for always motivating me, making practices fun, and being great role models. I will never forget the memories.

"You are a part of all that you have met." - Mr. Lafourture

*John Crowley*

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Football : 9-12 ; Track : 9 - 12 ; Chess Club : 12

Many thanks to my family , friends , teachers , and coaches for sticking with me all this while. I couldn't have made it this far without all of your help.



*Maggie Dakin*

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Thank you Sacred Heart for the best five years of my life.



*Miaomiao Ding*

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Many thanks to family , friends , and people at Sacred Heart .





*Sean Doiron*

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Football 10

First of all, I didn't even write this, I paid someone to do it. But, there's people I would like to thank: Mrs. Lombardo and Mr. Concannon: thank you for believing in me and pushing me to do better. Cody, Noah, Andy, Taylor, and Josh, thank you for being the best friends ever- remember that Saturdays are for the boys. Well, Sean, it was a pleasure writing this for you - H.A

"Can I go to the bathroom?" - Sean Doiron

*Derrick Doncaster*

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Football 11-12 Lacrosse 11-12 National Honors Society 12

I would like to first thank my Mom and Dad, they have helped me through everything including giving me the opportunity to go to Sacred Heart. Mom has always been there for me whenever I needed her and continues to be a person I can confide anything in. Without her I would be lost in my life. Dad has always pushed me, allowed me to realize my full potential in life, and set me up to be the man I am today. Also thanks to the rest of my family that has supported me throughout my highschool career through games and other accomplishments. Also thanks to my coaches who have helped me in the adjustment to my new school. They made me feel to be a part of the team, and have supported me through everything. Thank you to my friends who have allowed me to make a smooth transition into my new life at Sacred Heart and have became my closest friends. I would like to furthermore thank everyone who has had an impact in my life, without these amazing people I have came into contact with I would not be on the path I am today.

"Veni, vidi, vici." -Julius Caesar



*Maguire Duggan*

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Football : 8 , 9, 10, & 12

Basketball : 7-12 Capt. 11, 12

Lacrosse : 8-12

Thank you to my Mom, Dad, Ty, and all my family and friends.

"Everybody Love Everybody" - Jackie Moon

## *Nicholas Fantasia*

V. Baseball 9-12, V. Basketball 9, V. Football 11-12, Student Council 9-10, Peer Ministry 10-12, SADD 9-12, Newspaper 10-11, National Honors Society 11-12, S.H. Scholars 11-12  
I want to thank my family & friends for always being there when I needed them most. Gab, we have always had each other and we've been through a lot, and I will love you forever for that. Dad, even though we haven't always been on the best of terms, I am so thankful for everything you have done for me to make me the person I am now, though I might not show it often. Shannon, even though you may be my step-mother, that has never been a boundary that we couldn't pass over because I've felt like we've known each other our whole lives. To all of my friends new and old, thanks for every moment we shared together whether they were good or bad. That's what made them memorable. Seize the day!  
"I'm in no rush, I'm enjoying the journey. So if our paths happen to cross in the future. you should enjoy the little detours. To the fullest. Because that's where you'll find the things more important than what you want." - Anonymous



## *Sean Flaherty*



Varsity Baseball 9-12, Varsity Golf 10-12, Peer Ministry 11-12, Senior Class President  
Thank you to all my family and friends for helping me through SH. Mom and Dad, thank you so much for all you have given me and for always pushing me to be my best self. To my sister Kali- thank you for all the advice you have provided me with throughout my life. Whether you were in Greece or in the next room, you were always there for me. To Kaitlyn, thanks for being my best friend through it all, since freshman year you've always been by my side. I wouldn't have been able to get through it without you. Aidan, I wouldn't want to call anyone else my best friend; thanks for being there for me through all, appreciate you so much and thanks for everything. TP, thanks for being my dude through the years and always being humble and terrible at jokes. To all my other friends, especially Mike, Emily, Rachel, the golf team, and the baseball team, thanks for all the unreal memories throughout the years. Juniors, I wish I could stick around for your senior year best of luck. Thank you class of 2018 for an amazing time.  
"You'll get nothing and like it" -Judge Smails

## *Eve Flederman*

The Thespian Society 9-12, Cheerleading 11, Art Club 11-12, Theater 11-12  
Theatre doesn't last. Only in people's memories and in their hearts. That's the beauty and the sadness of it.- Sherie Rene Scott \* we think too much and feel too little- Charlie Chaplin \* Ssaint Genesius pray for us!!! -Gemo \* When a flower doesn't bloom you fix the environment in which it grows, not the flower. - Alexander den Heijer \* don't stop until you're proud \* It's not all rainbows and sunshine but a good amount actually is \* Imperfection is beauty, madness is genius and it's better to be absolutely ridiculous than absolutely boring. - Marilyn Monroe \* great things never came from comfort zones \* The Problem is not the problem the problem is your attitude about the problem- Jack Sparrow \* Someone once told me not to bite off more than I can chew, I told them I'd rather choke on greatness than nibble on mediocrity \*  
I would like to thank cheesy quotes for getting me through high school along with my Mom, Grandma, Gemo, Crowley, Grace, Caitlin, Fati, Miss Bradford, Miss Hathaway, my many casts and crews.





## *Benjamin Gallo*

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Varsity Soccer 9-12

I first came to Sacred Heart as a freshman, not knowing anybody and I never thought I would make any friends. My first years were a little tough, and I had to dig deep to figure out who I was and where I would fit in. For my first 2 years, I give a lot of credit to the soccer team for allowing me to be myself. I also would like to place an emphasis on my family for helping me figure out who I was early on at Sacred Heart. My junior year is when I really started to come into my own. I have made some really good friends, and I have learned a lot about myself. I have experienced a lot of different things at Sacred Heart, and they have all helped me become who I am today. From my only relationship (with a great girl), to making great friends. Also, I'd like to thank my lunch table for providing lots of laughs throughout the years, even on the worst days. Most importantly though, I would like to thank my family, for helping me with school and driving me for 2 and a half years, as well as for supporting me with my grades and sports. "You are the Universe Experiencing Itself" - Carl Sagan

## *Wenyang Gao*

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Many thanks to family , friends , and people at Sacred Heart .



## *Mia Gavin*

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Varsity Field Hockey 9, Varsity Volleyball 10-12, Varsity Softball 9-12, NSHSS 9-10

Although I was only at Sacred Heart for two short years, I can say that I have made so many memories to keep with me for the rest of my life. In order to have made those memories, there needed to be people to make those memories with. Thank you to all the people that I can call my friends, some even life long friends, who welcomed me into Sacred Heart and put a smile on my face everyday. I love you JG, JB, AC, EM, EK, JA, KM, SD, CB, CG, MC (better Mia), and many more. I love the volleyball and softball family that I'm so grateful to have been a part of. I also wanted to thank my Dad, Mom, and my brother, Cooper, for supporting me and pushing me to be the best person I can be everyday. Thank you to all the teachers who showed me that anything is possible if I work hard to achieve it.

"In the end, it's not the years in your life that count. It's the life in your years." -A. Lincoln

## *Teaghan Gokey*

Varsity Cross Country 1-4, Varsity Track & Field 1-4, National Honors Society 3-4, Sacred Heart Scholars 2-4, Latin Honor Society 1-4, Art Club 1-4, Robotics and Engineering Club 2-4, Drama Club 3-4, Lingua Franca 2-4

Mom & Dad, you've done the impossible & raised me as something to be proud of, a scrawny kid with a complete & utter lack of common sense. To you, I owe so much: my diligence, my skepticism, & my quick wit. To my brothers, Rowan & Declan, thank you for making my life so far as ridiculous and infuriating as you possibly could. You both have so much ahead of you now, & I can't wait to see all that entails. Sam, never leave & never change, & for the love of God don't eat the doves. God made the best mistake with you. To everyone at the lunch table, I hope that all of you can prosper in whatever path you so choose. You've been the greatest friends I've ever had. Let's keep our Cards deck growing.

"When life gives you lemons, don't make lemonade. Make life take the lemons back! Get mad! I don't want your lemons, what am I supposed to do with these?! Demand to see life's manager!" - Cave Johnson, Portal 2



## *Conor Greeley*

Varsity Hockey - 8, 9, 10, 11, 12 Varsity Tennis - 7, 8, 9, 10, 11, 12 Spanish Honor Society - 10,11 National Honor Society 11,12 Peer Ministry - 12

Thank you to my family and teachers for helping me through my time in high school. Special thanks to Brendan for always being by my side and helping me through all the years. Mom and Dad, thanks for always coming to all my sporting events and supporting me. To all my teammates, thanks for making all of the sports seasons we went through a great time! I will always be grateful for all of your help through my time in school. Thank you to Mr. Concannon, Ms. Bradford, Mrs. Lombardo, and Ms. Wakelin for showing us that our time in school can be fun.

"Don't take life too seriously. You'll never get out of it alive"



## *Zhongshan Gui*

All the world's a stage, and all the men and women merely players; Life's but a walking shadow,a poor player,that struts and frets his hour upon the stage, and then is heard no more; it is a tale told by an idiot,full of sound and fury, signifying nothing.

-William Shakespeare

"When the Curtain Rises, the Applause Shall Be As Ten Thousand Thunders"

"Then GG"

-Zhongshan Gui





*Feiyou Guo*

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Varsity Tennis, 10 & 12, varsity Cross Country 11, National Honors Society 11-12, AP Scholar 11-12, outstanding achievement of Algebra II 10, outstanding achievement of AP Calculus, being in play Annie 11, Moody's Mega Math Challenge 11

Thanks for my parents provide me a great opportunity to come here to study. My effort will prove that they made a good choice. I would like also to give a special thanks to Jean Lafortune, whose teaching made me so interest in biology and decided to become a doctor, John Olson, who helped me established solid rudimentary math skills for future science learnings, and finally Mr. Morehouse, who helped me build a new and clear perspective of the world. They have played an essential role on the forming of my world view and my dream. Thank you!

“That which does not kill us makes us stronger” --Friedrich Wilhelm Nietzsche

*Yifan Guo*

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Many thanks to family , friends , and people at Sacred Heart .



*Abigail Harrenstein*

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Art Club: 11-12, Roots-n-Shoots: 11-12, Spanish Honor Society: 11-12, National Honor Society: 12, Tech Crew: 11-12, Pro-Life Club: 12, SADD: 12, NSHSS: 9-12

Mom and Dad, I cannot thank you enough for guiding me along this incredible journey through three high schools. Your unwavering support for me has helped me stay on my path and be the best I can be. Thank you to my brother Luke and my sister Ella. You two have been my best friends since the beginning and were there for me when no one else was. Thank you to all of my friends, especially Zoë, Josh, Teaghan, Liv, and Sam, for being so welcoming when I came here last year. Without you guys I wouldn't have been able to break out of my shell and feel like I belonged here. Thank you to all my teachers, especially Mr. Olson, Mrs. D, Mr. Terkelsen, and Mr. LaFortune, for never giving up on me.

“Heh heh heh heh. \*cough wheeze\* Time to abandon ship.” -General Grievous

## *Julia Jennings*

Varsity Soccer 9-12, Varsity Basketball 10-12, Varsity Tennis 10-12, Varsity Track 7-9, SADD 9-12, Literary Magazine 12

High school wasn't the most fun, but the people made it truly a memorable experience. To my parents, thank you for always being there and continuing to support me despite my bad moods. Thank you David for giving me the best advice and being a figure I constantly look up to. To all of my friends who got me through high school, you know who you are. Those who stayed with me through the thick and the thin, and never let me be afraid of acting like myself, you really helped me become the person that I am today. Finally, thank you Mammie for being one of my biggest supporters. You showed me a true gift, and I know you will always continue to watch over me. High school was hard, but we all got through it together. I am glad to have the memories of me tripping over the chain link fence outside of the SAC, slamming my head on the desk during Shacobis's class, and being mistaken for an exchange student with the people that I love.

"Have some fire, be unstoppable, be a force of nature." -Cristina Yang



## *Emily Johnson*

Volleyball: 9 ; Basketball : 9 , 10 ; Track : 10 ; Lacrosse : 10

Thank you to my friends and family for getting me through high school and always loving and supporting me. I'm extremely grateful to my parents for sending me to such a wonderful school that's given me so many opportunities, and gave me the chance to meet so many great friends. Thank you mom and dad for your unconditional love, I hope to be as good of a parent as you two are some day. Thank you Alessandra and Ali for helping me get through senior year and helping me reach my goals of getting into my top schools, I'm very proud to call you guys my best friends. Last thank you to all my teachers throughout the years that helped me grow as a student and shaped me to be the person I am today.

" They say good things come to those who wait. So im gonna be at least an hour late." - Kanye West



## *Grace Kidd*

Thank you to all my friends and family that have helped me along the way. High school has been a blast and I've made memories that I will never forget. I want to start off by thanking my mom. Mom, you have been there with me always, and not just in high school. You have pushed me beyond my limits and strived to make me do the best that I could. I love you. Next I want to thank my dad. You always help me with my homework and comfort me when I am feeling down. I couldn't have gotten through high school without you. A special thanks to Eve for never failing to make me laugh. You made these last two years here the best two years. Finally, thank you to all of the teachers that had me. Thank you for putting up with me and making me not only a better student, but a better person. Class of 2018, it's been a lot of fun and can't wait to see what the future holds.

"We are never defeated unless we give up on God", Ronald Reagan





*Kristen Kline*

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S.H. Scholars Society 9-10, Spanish Honors Society 10-12, National Honors Society 11-12, Student Ambassador 9-12

Thank you to all who have helped me throughout high school. Thank you to my mom for always helping me to stay focused and optimistic. I thank my stepdad for listening to me rant about all the people in the world who lack common sense. I also thank him for showing me how to avoid acting this way, by teaching me the value of having class. I also thank Caitlin for listening to these rants. Also, thank you to Casey for preventing me from going insane over physics. I will miss some things about Sacred Heart, but I am also excited for the future. I am most excited to use the values I learned in high school, that others have not learned yet, in the real world. I plan to use these values to excel in my studies and career. I thank Sacred Heart and everyone here for showing me how to achieve this success.

“My name is KrisTEN not KrisTIN, because I am not made out of tin, but I am a ten out of ten.”

*Amanda Latini*

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Varsity Soccer 1-4, Varsity Basketball 2-4, Varsity Softball 2-4 Captain 3-4, Varsity Track 1, SADD 3-4, Student Ambassador 1-4, Peer Ministry 4

Thank you to my Dad and Mom for putting me through Sacred Heart and helping through all my troubles along the way. Thank you to my Stepmom, Amanda, for always being there for me and helping my family out so much. Dad, thank you for making the best memories with me that I will bring to college and have with me forever. Mom, thank you for teaching me to be independent and pick myself back up when I fall down. Sammie, thank you for being my best friend and always being my sidekick on adventures throughout our life. Thank you Chris for always being there for me and teaching me right from wrong. I love you all so much.

Thank you to my friends who have supported me and have always had my back and been there for me I'll love you forever. Thank you SHGVS for being my second family and thank you to the class of 2018 for all of the memories and good luck in college!

“People will forget what you said, people will forget what you did, but people will never forget how you made them feel.” -Maya Angelou



*Bryce Lehner*

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Bryce Lehner, Student Council 9-12

Thank you Mom and Dad for all that you have done to help me succeed. Good luck Sarah, hope you do well. I will miss you Henry, have fun lying in your bed and barking at nothing.

“Sometimes we have to go deep inside ourselves to solve our problems”  
-Patrick Star

## *Aidan MacDonald*

Varsity Soccer 9-12 Capt. 12, Varsity Basketball 9-12 Capt 11-12, Varsity Lacrosse 11-12, Student Ambassador 9-12, SADD 9-12, Peer Ministry 11-12 Student Council 12

First, mom and dad, thank you for everything you do for me. Whether it is on the field, in the classroom, or in my everyday life, you guys are always my number one supporters.

Noelle, thank you for being my built-in best friend, I wouldn't have been able to do it without you. Mrs. Hurm, thank you for becoming a person I can always go to and rely on. SHGVS, thank you for being my heart and soul, you guys have given me so many amazing memories. Em, thank you for being my other half on and off the field, #LEMOnAID forever. Shout-out to my Ballers for all the Regina and laughs. Sean, thank you for being my best friend all throughout high school, and being there during the best and worst times. Rachel and Elena, thank you for sticking with me since kindergarten, I love you both!

"Remember you're the one who can fill the world with sunshine" - Snow White

"Life isn't how to survive the storm, it's about how to dance in the rain" - Taylor Swift



## *Joshua McCafferty*

Varsity Hockey 9-12, Varsity Lacrosse 9-12, SADD 10, and Peer Ministry 12

Thanks to my family & friends for supporting me through H.S.. Mom, thanks you for everything you have done for me all of H.S. from the 35 minutes ride in the morning or driving all over the place for me, and helping me on my off days when I would get home I really appreciate everything you have done for me these last few years. Dad, you work a lot of hours, from leaving the house at 4 in the morning and coming back at 5 in the afternoon, but you are still able to make time for the family. You made time to make it to all the sports games you could and I appreciate everything you have done for me. You two have raised me so well I'm happy I can go to you guys for anything. Thanks to my class and my teachers who had me y'all made my H.S. experience wonderful.

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible. -Francis of Assisi



## *Kaitlyn Melchionda*

V. Volleyball 9-12, Varsity Softball 9-10, Varsity Tennis 11-12, French Honor Society 9-10

Thank you to my friends and family who have helped me make countless memories here.

Mom and Dad, thank you for sending me to this school and for everything that you've done for me. You both have supported me through everything and would always be at every game of mine. I wouldn't be the person I am today without you two. Marissa and Ben, thank you for being my best friends,, and making my last years of high school the best.

Lauren, I am so thankful to have an older sister who was at school with me everyday and that we got to play volleyball and softball together. Marissa and Lauren, you are the best sisters and role models I could ever ask for. I'm grateful for all of my best friends that I've made since kindergarten until now. Also, thanks Mr. Concannon for being the best teacher at this school! Last but not least, Tom Brady, you are such an inspiration to me, I love you.

"And I knew exactly what to do. But in a much more real sense, I had no idea what to do." - Michael Scott





## *Noah Molino*

Thank you to my parents for giving me the opportunity of such a wonderful education. I'll always be grateful for everything you've given me. Love you both, always. Chris, Cam, Sam, and Buck, four of my best friends, thank you for all the fun times, laughs, and smiles. This is just the beginning for us. Cody and Sean, thank you for the laughs. Sacred Heart has never known a better three way bromance than us. Conor, thank you for being a great friend. You've been there for me since the beginning, and I'll always remember that. Taylor, thank you for always being there for me no matter what. You're an amazing person and even better friend. To Mr. Terkelsen, Mr. Concannon, Miss Wakelin, and Mrs. Lombardo, thank you for being amazing teachers and friends. I'll never forget the impact you've had on me as a person. Mom, thank you for always pushing me to do better, and never giving up on me. Lastly, Dad, my best friend, if I end up even being half the man you are, I will consider myself successful. Thank you for the all sacrifices you've made for me.

“Success affords leverage over those who doubted you.” – Director Tann, Mass Effect

## *Elena Murphy*

V. Softball 9-12, Capt. 12; V. Soccer 9-12; SH Scholars 9-10; National Honors Society 11-12; SADD 9-12, Officer 10-12; Peer Ministry 11-12; Lingua Franca 9-12, Officer 11-12; Class Officer 9-12

Thank you to my family and friends for all of your support over the years! To my parents, I couldn't have done this without you. I love you more than you know. Thanks for keeping me motivated me in all that I do. Without you, I wouldn't be where or who I am today. To Ariana and Rachel, thanks for providing me with lots of laughs and love. Ari, I know I'm hard on you, but it's only because I want the best for you. Rach, you make me smile daily; be sure to keep the family sane without me. Thanks to my incredible best friends, you're all forever in my heart. From countless hours at Cold Stone (Em) & to countless hours laughing during study (Abby), you've had my back and made me smile through tough times. For this, I will be forever grateful. Lastly, to my Sacred Heart family, my teachers and all, I love you!! Especially to my sidekicks- Rachel & Aidan- thanks for sticking by my side and making great memories with me these last 13 years. I can't wait to see where the future takes us!

“It does not do to dwell on dreams and forget to live.”



## *Tyler Potrykus*

Varsity Football 9-12, Capt. 12, Varsity Basketball 9-12, Capt. 12, Varsity Baseball 9-12, Capt. 12, National Honor Society 11-12, S.H. Scholars 9-10, Peer Ministry 11-12

Thank you to all my friends and family that have helped and supported me throughout high school. To Mom and Dad thank you for everything you have done for me and always being there for me no matter what, without you guys high school would have been impossible. Then to my sister, Kayla, thanks for all your help especially with revising all of my extremely rough essays. Next, to all of my teammates throughout high school, all of you have had a positive impact on me. Also to one of my best friends, Rachel, who has made me laugh everyday with all of her jokes and a friendship for life. Lastly, the five of my best friends that pushed me to go outside of my comfort zone and make me who I am today.

“Only Thing We Have to Fear Is Fear Itself” - FDR

## *Caitlin Prario*

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Varsity Cheerleading 9-12, Varsity Lacrosse 10-12, Volleyball 11, Peer Ministry 12

Thank you to my family and friends for supporting me throughout my 13 years at SH. Thank you to all of my friends, especially my “mega bestie,” for all of the unforgettable memories. I will forever cherish all of our sleepovers, travels, and the laughs that we’ve shared. Nolan, thank you for always making me smile even on the bad days. Nana and Papa, thank you for always being there for me I love you so much. To my step dad Paul, thank you for giving me so many opportunities, I really appreciate everything that you do for me. Lastly I would like to thank my Mom. I’m so lucky to have a mom who is so supportive, loving, and my best friend. You never fail to make me laugh! I love you and thank you for everything that you do for me.

“Whenever I’m about to do something, I think, ‘Would an idiot do that?’ And if they would, I do not do that thing.” -Dwight K. Schrute



## *Samuel Presutti*

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9-12 Engineering Club; 9-12 Roots and Shoots; 11-12 Newspaper Team; 9 Junior Varsity Football; 10 Varsity Football; 11 Moody’s Mega Math Challenge; 11-12 Drama Club; 9-10 Scholars Program; 11-12 National Honors Society

Thank you to my family and friends who supported me throughout High School. Mom and Dad, thank you for helping me through everything, from my first day of kindergarten to my college applications, and everything in between. To my sisters, KT and Molly, thank you for being there for me when I needed you guys the most, even though it’s been proven that I’m the favorite child. Teaghan, stay weird. I’ll always need you to be there for me when I have a terrible joke in the morning. I hope that everyone at the lunch table will go on to thrive and make more self-deprecating jokes than ever before. Finally, thank you most of all to my cat, Trixie, for being the fluffiest cat there ever was.

“People should pursue what they’re passionate about. That will make them happier than pretty much anything else.” -Elon Musk



## *Peter Reardon*

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Many thanks to family , friends , and people at Sacred Heart .





*Taylor Ruscansky*

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Many thanks to family , friends , and people at Sacred Heart .



*Antonya Santos*

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Varsity Cheerleading 9-11, Varsity Lacrosse 10-12

Thank you to my amazing parents for giving me the ability to have such a great education.

Mom, Thank you for helping me with everything throughout not only high school but my whole life as well as constantly reminding me I can do anything I put my mind to. Dad, Thank you for always having courage in me in school and on the field. To my amazing best friends Rose, Amelia, Shannon, Olivia, and Lily, you guys made high school a blast for me and I love you all. I will always cherish the hilarious moments at lunch. I know all of our friendships will last a lifetime along with the memories.

“We didn’t realize we were making memories we just knew we were having fun.” - Winnie the Pooh



*Olivia Sivieri*

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Love you always Mom and Dad.

I really don’t know how you guys put up with me, but thank you.

In return when I am a billionaire I will make sure to treat you two well.

Eternally grateful for Lily for helping me keep my sanity in this place.

Every crazy, funny, and dumb situation I’ve gotten myself into, you were right by my side.

I miss our legendary W.W.W.

You’re going to kill it in college and I can’t wait to visit you.

Until that day comes, i’ll see you tomorrow.

Shoutout to my absolute favorites Antonya and Rose.

You all are the only ones I liked.

I wish we could go back to that night in the cabin on the white water rafting trip.

I’d wish you guys the best of luck but you all don’t need it.

“we all can’t be princesses someone has to clap when I go by”

## *Cameron Stevens*

I'd like to thank my Mom and Dad for sending me to Sacred Heart. I'd like to thank all my friends who've stuck by me during my time here. Especially my friends Sam and Chris who've put up with me since elementary school. Lastly, I'd like to thank the teachers who've stood by my throughout my school career

"Well, it's no secret that the best thing about a secret is secretly telling someone your secret, thereby adding another secret to their secret collection of secrets, secretly." -Spongebob



## *Rachel Struski*

NHS - 3,4; V. Soccer - 1,2,3,4, Capt. 2,3,4; Cheer - 3,4; V. Lacrosse - 1,2,3,4, Capt. 2,3,4; Class Secretary 1,2,3,4; Spanish NHS - 2,3,4; Peer Ministry - 3,4; SADD - 1,2,3,4  
2018, a year I thought would never come is here at last. I would like to thank my parents, Mom, Dad, thank you for always supporting me and giving me anything I could ask for no matter what. Kelsea, thank you for always having my back and taking me under your wing. Eric, I could not have made it through everything without you, the adventures will never be forgotten. Nana, you are my heart and soul, there is no one in the world I love more, thank you for being my rock. To the SHGVS team, you've made me who I am today and I am extremely lucky to call you my family. Mrs. Hurm, thank you for everything. Aidan, Elena, and Reagan, thank you for being by my side the past 13 years and never questioning my crazy decisions. Em and Merg, you never fail to make me smile even on the worst of days. Jess and Liv, my best friends, thank you keeping me sane without you two I truly believe I would not have made it. Love, the Golden Child.

"I can and I will, watch me." -Unknown



## *Zoe Volney*

Art Club 9-12, Varsity Soccer 10-11, Track&Field 10, NHS 11-12, Spanish Honors Society 10-12, Tech Club 10-12, SADD 12

Thanks to everyone for the wonderful years. Mom, it must be hard taking care of a daughter like me. You did it & that's a feat most people can't admit to accomplishing. Dad, thanks for being more than a Dad I could possibly ask for. Savy & Noah, you both couldn't be a better inspiration to encourage me to be a model sister. I love you all (yes, Noah, that includes you)! To my friend, Abby, I'm so happy to have met you. You're really the only female friend I've had that's mattered the most. May there be more than two years we have with each other. Thanks Teaghan & Sam-- you're both weird, so I'm glad I fit right in! To my teachers, Mr. LaFortune, I had such a great time being with you. Mr. Terkelsen, isn't it weird that I've spent so much time with you despite not taking latin (officially)? And I can brag about meeting someone as eccentric as I: Mrs. D. Truly, it's been an experience.

"The people who are crazy enough to think they can change the world are the ones who do." Rob Siltanen





*Junjin Wang*

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Many thanks to family, friends, and people at Sacred Heart.

*Zheyi Wang*

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*Yueyang Zhang*

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Many thanks to family, friends, and people at Sacred Heart.









Julia Abraham



Leandra Anthony



Skyler Callahan



Caitlyn Carberry



Luke Carey



Brandon Carroll



Killian Coleman



Brendan Conant



Lindsay Cooney



Emma Cunningham



Jake Egan



Emily Finn



Zhen Fu



Savannah-Leigh Hellige



Jordan Hurley



John Husband



Spencer Irving



Emma Keane



Mary Kelley



Daniel Kelliher



Madeline King



Matthew Leary



Ruiyang Li



Xingbang Liao



Christine Mason



Kassandra McGuire



Aaron Mercer



Pengkun Miao



Abigail Morse



Thomas Mortimer



Sae-Mee Park



Mark Ross



Daniel Sinclair



Abigail Slavik



Camden Stoloski

## Juniors



Quinlan Sullivan



Reilly Sweeney



Zachary Towner



Haley Whittaker



Wentongyu Ye



Wenjing Zhang



Tianyi Zhao



Class of 2019



Maxwell Allen Benjamin Andrade Hannah Boyd Majeed Bugazia Margaret Bulger Sophia Capone Lingyu Chai



Zachary Crossman Leo Darling Matthew Day Anabella Driscoll Kevin Fehrm Yu Fu Ryan Graham



Scott Hokanson Michael Hurm Peilin Jiang Edward Kiesewetter Joseph Krochko Maddison Larsen-Molina Samantha Latini



Hanyi Li Wenrui Li Lily Lonergan William Mayo Jonathan Menard Ariana Murphy Tyler Murphy



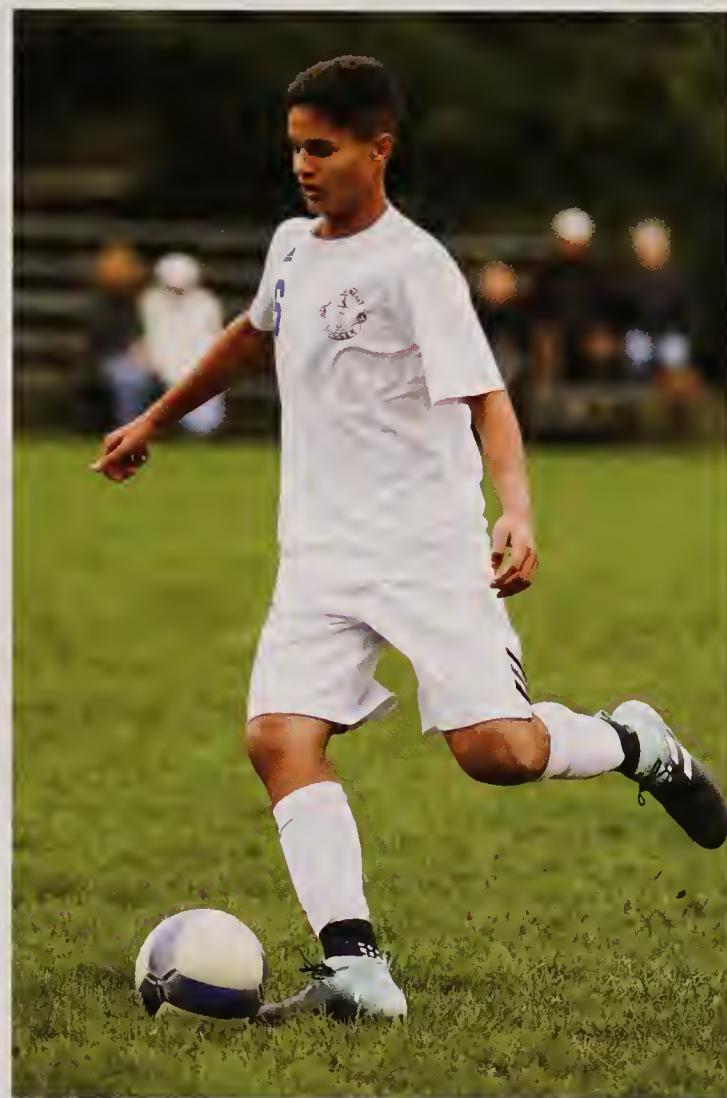
Aiden O'Connor Ethan Secakusuma Paulina Spacek Matthew Straut James Tierney Kayla Turner Julia Ward

## Sophomores



Siqia Weng

Jack Wu



Class of 2020



Katherine Allen Linbo Ao Evrosina Awad Andrew Blake Claire Bulger Molly Carey Payton Cavanaugh



Audrey Churchill Kieran Coleman Jr. Comeau Ryan Daudelin Jake Donovan Catherine Dousa Kristina Fantoni



Lydia Fitton-Alves Nolan Frame Rowan Gokey Lauren Hanna William Harmon Annabella Harrenstein Luke Harrenstein



Elizabeth Healy Teaghan Herren Andrew Hokanson Landon Howell Nicole Johnson Ethan Kelliher Olivia Kennedy



Caileigh Koylion Christian Koylion Joshua Krueger Kaylee Labela Blake LaGrassa Marisa Mattie Justin McLean

## Freshmen



Connor Meikle



Kai Morgan



Cassie Murphy



Kiley Murphy



Sullivan Padgett



John Pelrine



Giancarlo Pires



Emily Porelle



Steven Prakapas



Kyla Quelle



John Reiber



Brandon Rose



Zachary Rouse



Avery Schaub



Iris Secakusuma



Rose Segadelli



Braeden Severance



Kylene Slavik



Yizhou Sun



Shawn Tracy



Benjamin Trovato



Maximilian Trulby



Aidan Varano



Evan Viola



Noah Volney



Hunter Wardwell



John Webster III



Reese Welling



Shannon Whittaker



Sydney Whittaker



Giana Youssef

Class of 2021



Jenna Abraham Talia Albanese Caroline Amadon Emma Barnes Luke Buckley Bridget Cardarelli Matthew Chapin



Nicholas Crociati Avelina Cuscianna Nolan Dion Isabella Dubois Christopher Durnford Caroline Gelina Gabrielle Gillard



Leah Howell Elizabeth Hurm Harrison Keane Daniel Kszystyniak Jason Lewis Ryan Malone Michael Mayo



Sean McDonald Jill Morse Emma Mossman Nicholas Mossman Brosnan O'Brien Keegan O'Connor Emilyrose Otis



Mario Pangione Marissa Plasse Olivia Prevett Hannah Ray Samyak Shrestha Jack Silva Nicholas Sivieri

## Eighth Grade



Christopher Snyder



Isabella Spacek



Catherine Stevens



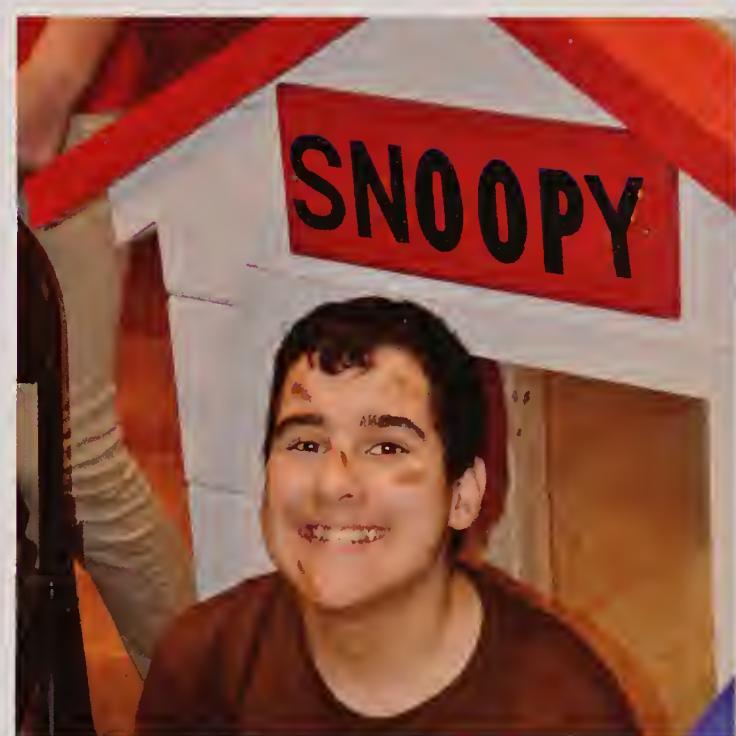
Ailise Tracy



Michael Wentzel



Mitchell Wilson



Class of 2022



## Seventh Grade



Isabella Silvia

Olivia Solis

Joseph Spacek

Zachary Starck

Fiona Taft

Autumn Thevenin

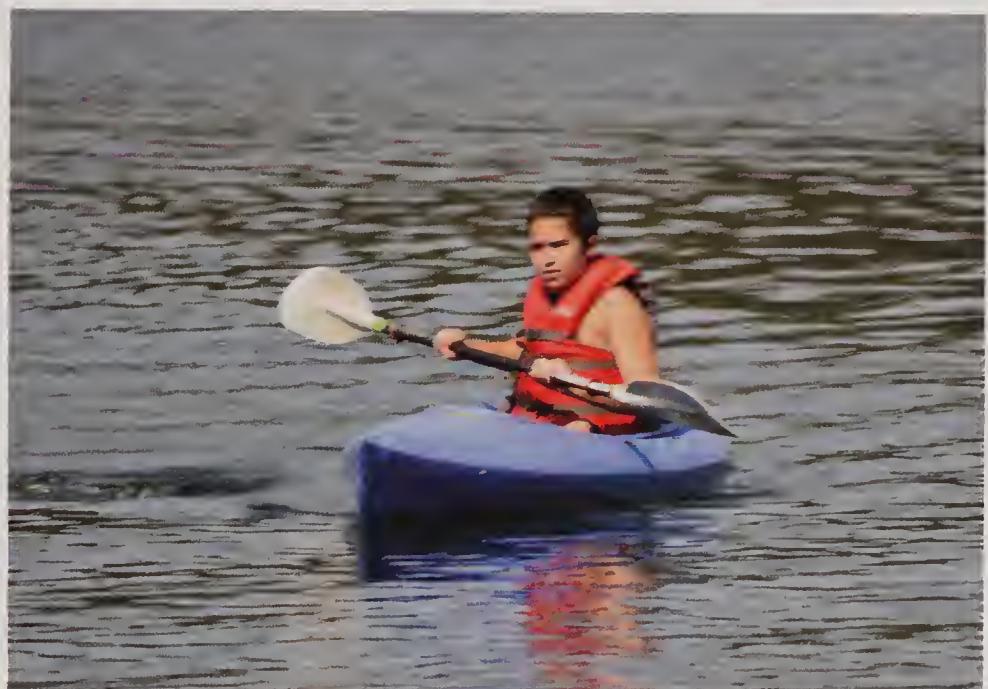
Brady Watts



Chase Welling

Reese Whittaker

Olivia Zapolski



Class of 2023



Newspaper : J. Blake, O. Colombo, M. Kelley, L. Lonergan, K. Labella, Ms. Briggs, Front : R. Cavanaugh

Roots and Shoots: S. Padgett, Ms. Briggs, J. Tierney, M. King, O. Colombo, H. Keane, M. Hurm, I. Coletti, A. O'Connor Front: B. Cardarelli, A. Mayo, N. Mossman, H. Ray, E. Mossman, I. DuBois, T. Albanese, Ms. Gillespie, L. Howell

ABOVE LEFT : ROOTS AND SHOOTS  
ABOVE RIGHT : NEWSPAPER STAFF  
BELOW : STUDENT COUNCIL



Members:  
B. Lehner, M. Bugazia,  
A. O'Connor, J. Tierney,  
M. Hurm, P. Cavanaugh,  
K. Murphy, B. Travato,  
M. Troulby, E. Murphy

C. Mason, E. Finn, T.  
Mortimer, B. Conant, D.  
Sinclair, C. Stoloski, S.  
Flaherty, L. Carey, W.  
Mayo, L. Lonergan, M.  
Kelley, M. Lonergan, M.  
Ross

BELOW: PEER MINISTERS



BELOW: NATIONAL JUNIOR HONOR SOCIETY



## BROADCAST



## SADD



### Members:

Mrs. Ward, M. Kelley, E. Awad, O. Colombo, H. Andrade, A. Shwab, P. Cavanaugh, W. Zhang  
C. Brown, M. Gavin, B. Conant, S. Presutti, J. Krueger, R. Graham, M. Allen  
P.J. Beuttel, S. Irving, M. Duggan , Z. Towner, Q. Sullivan

### Members:

E. Finn, C. Mason, L. Longergan, M. Kelley, O. Colombo, H. Andrade, Mrs. Ward  
A. Slavik, A. MacDonald, A. Morse, R. Cavanaugh  
E. Keane, S. Hellige, C. Carberry, S. Presutti, A. Latini, H. Whittaker, J. Abraham, A. Driscoll, P. Spacek, J. Ward, S. Flaherty, M. Allen

## CHOIR



### Members:

P. Reardon, O. Colombo, Mrs. Nolan, Miss Hathaway, M. Kelley, A. Shwab, S. Callahan, Mrs. Ward, N. Fantasia, W. Mayo

## SPANISH HONOR SOCIETY

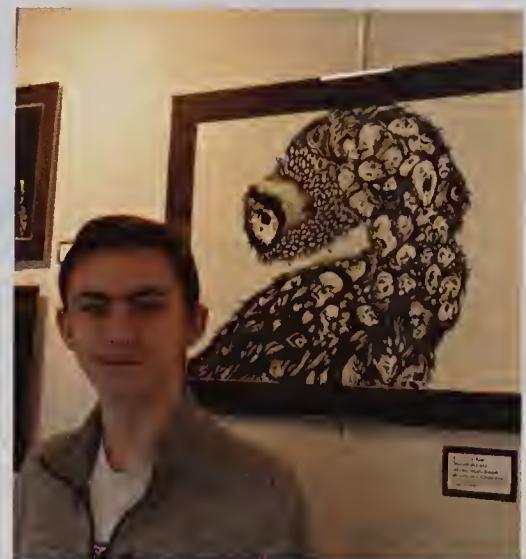


### Members:

K. Turner, A. Driscoll, L. Anthony, C. Mason, Senora Murphy, E. Murphy, A. O'Connor, M. Bugazia, A. Slavik, M. Bulger, Z. Volney, A. Harrenstein, R. Struski, K. Kline, O. Colombo, C. Carberry, Q. Sullivan, E. Finn, D. Sinclair, N. Fantasia, S. Irving, B. Carroll



## ART SHOW



## YEARBOOK

Members: H. Whittaker, A. Morse, E. Finn, Moderator J. Masi, C. Mason, A. Slavik, R. Sweeney



## TECH

Members: M. Dean, A. Morse, A. Harrenstein, Z. Volney, M. Chapin





# SPORTS



# GOLF

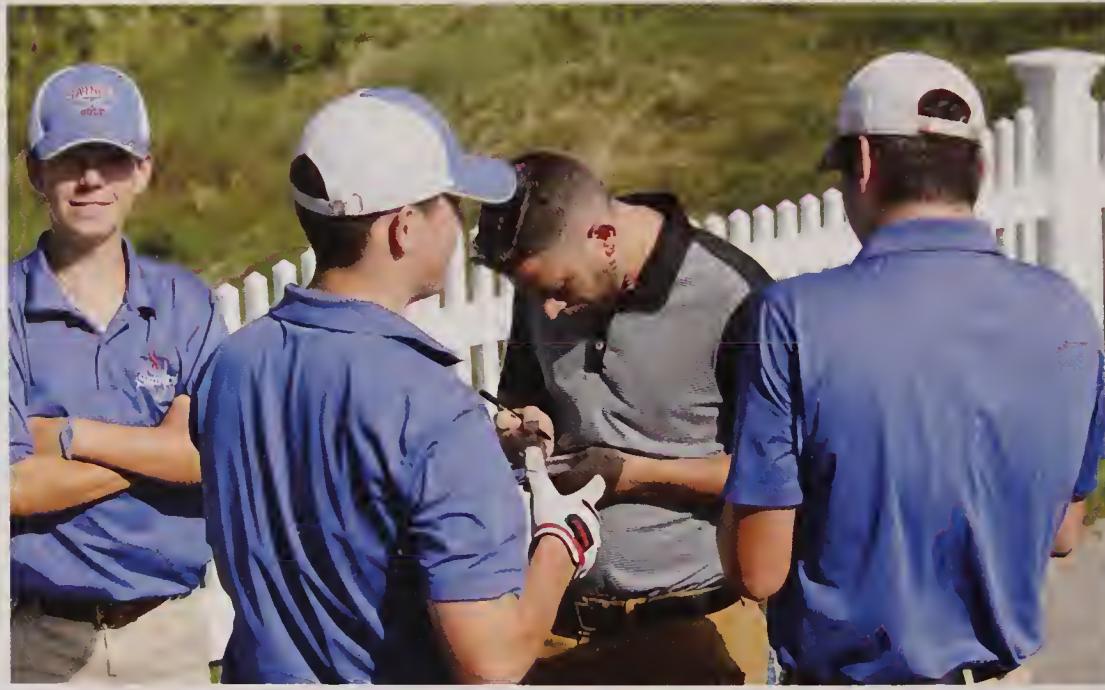
## TEAM MEMBERS

Front : S. Flaherty, J. Egan, J. Webster, M. Hurm

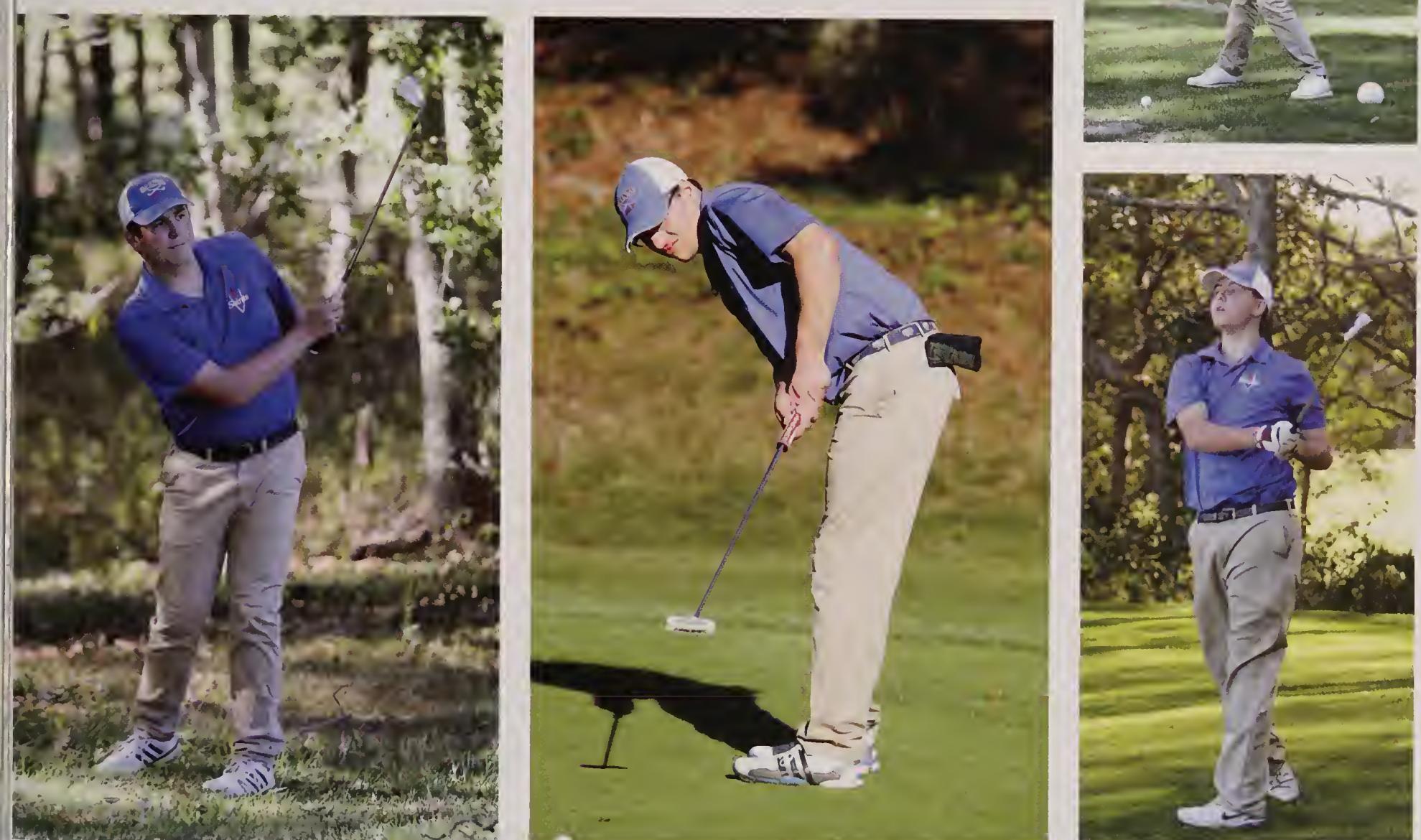
Back : Coach Lochiatto, P. Carchidi, M. Straut, Q. Sullivan



SENIORS / CAPTAINS  
S. Flaherty, P. Carchidi



"You love to see it!" - Coach Loch



# VARSITY VOLLEYBALL

## TEAM MEMBERS

Front : E. Cunningham, E. Keane, A. Slavik, K. Melchionda, C. Mason, M. Gavin

Back : Coach Slavin, R. Sweeney, A. Chapin, A. Murphy, L. Cooney, J. Blake, E. Hurm ; Not in photo : A. Morse



NOTEWORTHY : Below left : Retiring Ashley Briggs jersey number ; Below right : recognizing Coach Slavin's 500th career coaching victory



## SENIORS :

A. Chapin, K. Melchionda, M. Gavin, J. Blake



## CAPTAINS :

K. Melchionda, A. Slavik



"This year was the best team that S.H. has had in a while because we connected easily and encouraged one another on and off the court." - K. Melchionda '18 , Capt.



# VARSITY GIRLS SOCCER

## TEAM MEMBERS

**Front** : C. Bulger, M. Camelia, A. MacDonald, J.

Jennings, E. Healy, E. Murphy, K. Slavik

**Middle** : H. Boyd, P. Cavanaugh, K. Allen, M.

Bulger, E. Finn, R. Cavanaugh, C. Dousa, O.

Kennedy, S. Latini

**Back** : Coach MacDonald, J. Ward, P. Spacek, K.

Murphy, A. Latini, R. Struski, K. Quelle, C. Koylion,

Coach Wes French

## SENIORS / CAPTAINS

**Top** : Captains A. MacDonald,  
R. Struski, E. Finn

**Bottom** : Seniors : M. Camelia, A.  
MacDonald, J. Jennings, A. Latini,  
E. Murphy, R. Cavanaugh, R. Struski



"HEAD DOWN !" - Wes French



# BOYS VARSITY SOCCER

## TEAM MEMBERS

**Front:** B. LaGrassa, G. Pires, M. Day,  
C. Koylion, R. Gokey, A. Hokanson,  
J. Donovan

**Middle:** S. Irving, T. Mortimer, J. Gallo, B. Carroll,  
M. Bugazia, C. Meikle, L. Carey

**Back:** T.K. Coleman, B. Andrade,  
K. Coleman, M. Leary, S. Tracy, J. Husband,  
Coach Mulkern

## SENIOR

(Right)  
J. Gallo

## CAPTAINS

(Below)  
J. Gallo, B. Carroll





# FOOTBALL



Noteworthy  
MIAA South Division Semi-  
finals

"Outwork, Outhustle, Finish" - Coach Byrne



# CROSS COUNTRY

## TEAM MEMBERS

Front : S. Whittaker, N. Johnson , K. Fantoni, O. Columbo, L. Hanna , S.

Capone

Back: Z. Rouse, J. Reiber, B. Trovato, I. Coletti, L. Harrenstein, T. Gokey, C. Brown, Coach Pierce



SENIORS / CAPTAINS  
O. Coloumbo, I. Coletti,  
T. Gokey, C. Brown



"I only run on days that end in 'Y'" - Team Slogan



# VARSITY GIRLS BASKETBALL

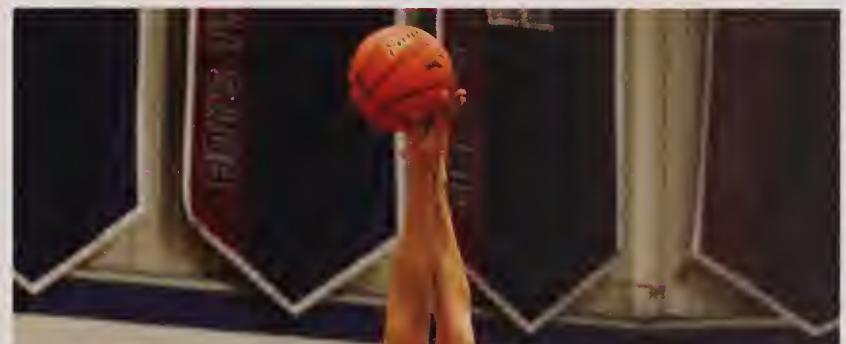
## TEAM MEMBERS

Front: K. Murphy, K. Slavik, A. MacDonald,  
M. Camelio, M. Bulger, H. Boyd

Back: Coach Olson, J. Jennings, R. Sweeney,  
A. Slavik, M. Larsen-Molina, A. Latini,  
Coach Lochiatto

SENIORS / CAPTAINS  
A. MacDonald, A. Latini,  
J. Jennings, M. Camelio





# VARSITY BOYS BASKETBALL

## TEAM MEMBERS

Front: S. Tracy, B. Carroll, H. Wardwell,  
W. Harmon, M. Hurm, J. Crotchko

Back: Z. Towner, C. Stoloski, T.  
Potrykus, M. Duggan, P. Carchidi

SENIORS / CAPTAINS:  
P. Carchidi, M. Duggan,  
T. Potrykus





# HOCKEY

## TEAM MEMBERS

FRONT: M. Bulger, N. Sivieri, C. Greeley, J. Egan, C. Koylion, M. Mayo, J. Turner, Back: Coach Coady, B. Struski, J. Silva, S. Irving, B. La Grassa, L. Darling, M. Pangione, Coach Johnson, M. Cox  
Not Pictured: M. Allen, J. McCafferty, Coach High



## SENIORS / CAPTAINS

C. Greeley, J. Egan,

Not pictured: J. McCafferty





# CHEERLEADING

## TEAM MEMBERS

Front : C. Stevens, R. Welling, C. Prario, C. Murphy, J. Morse  
Back: L. Fitton-Alves, C. Brown, R. Struski, R. Segadelli, Coach K. Gailes

## SENIORS / CAPTAINS

C. Brown,  
R. Struski,  
C. Prario





Top: Left: Varsity Swim ; Right: J.V.  
Basketball  
Bottom: Left: I.S. Basketball ; Right: J.V.  
Basketball

# TENNIS

## TEAM MEMBERS

Front: J. Jennings, K. Melchionda, E. Keane,  
M. Camelio, B. LaGrassa, M. Corradini

Back: J. Abraham, A. Morse, K. Murphy, A.  
Chapin, A. Slavik, Coach Glynn



## TEAM MEMBERS

Front: T.K. Coleman, J. Tierney, B.  
Severance, J. Lewis, H. Keane, M.  
Pangione

Back: M. Day, C. Greeley, J. Hurley, M.  
Straut, B. Travato, Coach Saya



## SENIORS / CAPTAINS

Top : J. Jennings, K.  
Melchionda, A. Chapin, M.  
Camelio

Above: E. Keane, A.  
Chapin, M. Camelio

Below: C. Greeley



# GIRLS LACROSSE

## TEAM MEMBERS

Coach Maxy, R. Crossman, M. Molina,  
R. Struski, H. Boyd, P. Spacek, A.  
Santos, S. Callahan, M. Bulger, A.  
MacDonald, K. Slavik, C. Murphy, R.  
Segadelli



## CAPTAINS

M. Molina, R. Struski



## SENIORS

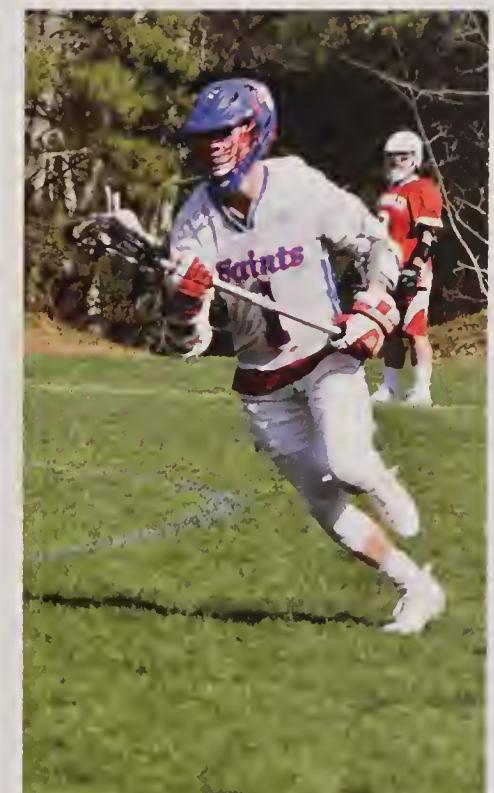
A. MacDonald, A.  
Santos, R. Struski, R.  
Crossman





# BOYS LACROSSE





# GIRLS VARSITY SOFTBALL

## TEAM MEMBERS

Coach B, E. Murphy, A. Latini, J. Blake,  
M. Gavin, C. Amadon, E. Barnes, P.  
Cavanaugh, Coach Duchaney

O. Zapolski, J. Goyette, E. Finn, C.  
Mason, E. Hurm, S. Latini, L. Hanna, O.  
Kennedy, E. Harrenstein



## SENIORS / CAPTAINS

E. Murphy, A. Latini, J. Blake,  
M. Gavin





# BOYS BASEBALL

## TEAM MEMBERS

Coach Hurm, M. Hurm, J. Husband, S. Flaherty, T. Potrykus, A. Mercer, N. Fantasia, Q. Sullivan, R. Robbins

J. Krueger, A. Blake, C. Gabriel, R. Gokey, L. Buckley, S. Prakapas, N. Crociati, J. Egan, B. Buckley



SENIORS /  
CAPTAINS  
N. Fantasia, T.  
Potrykus, S. Flaherty,  
B. Buckley





# GIRLS AND BOYS TRACK

## TEAM MEMBERS

### Boys:

C. Meikle, M. Bugazia, T. Gokey, B. Andrade, K. Coleman, S. Irving, T. Mortimer, L. Carey, Coach Katy, J. Reiber, R. Grahman, A. Varano, J. Crowley, P. Reardon, K. Morgan, L. Harrenstein, E. Secakusuma, M. Johnson, J. Kennedy, J. Spacek, M. Finley, J. Donovan

### Girls:

Coach Fran, W. Li, S. Capone, J. Ward, C. Carberry, Y. Fu, W. Zhang, K. McGoff, K. Quelle, S. Whittaker, A. Driscoll, K. Turner, L. Lonegan, W. Ye, H. Li

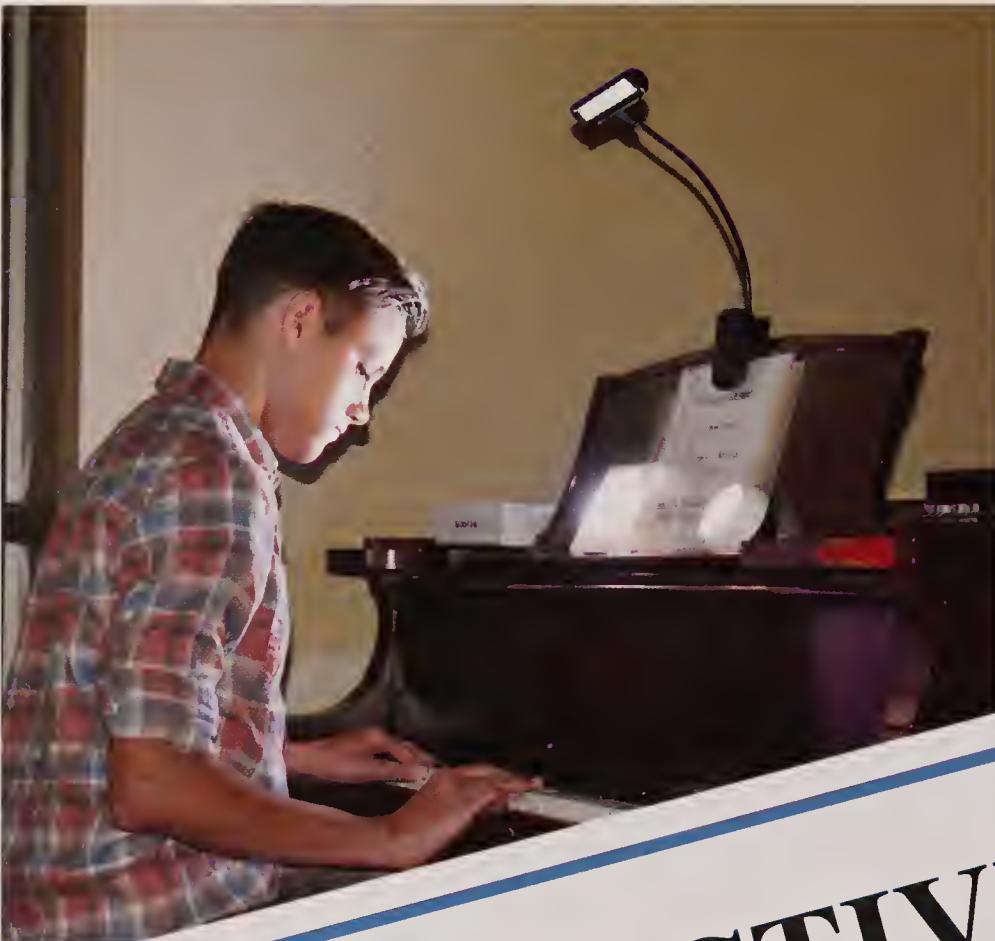


## CAPTAINS

C. Carberry, Z. Volney, T. Gokey, B. Andrade, L. Carey



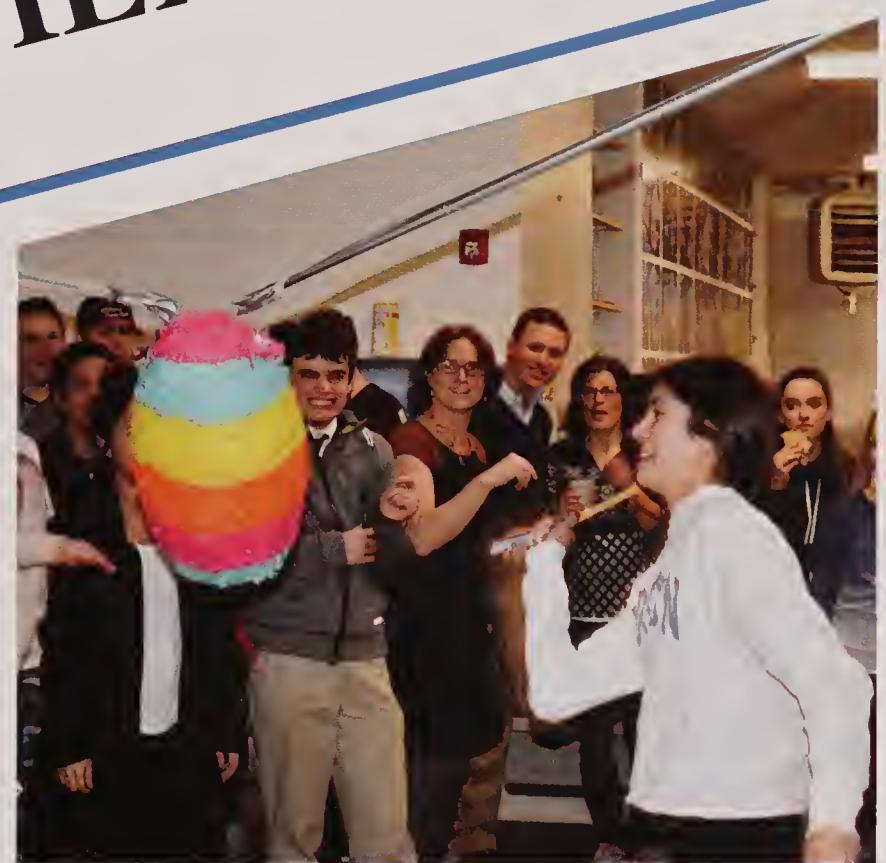




## ACTIVITIES



# INVOLVEMENT





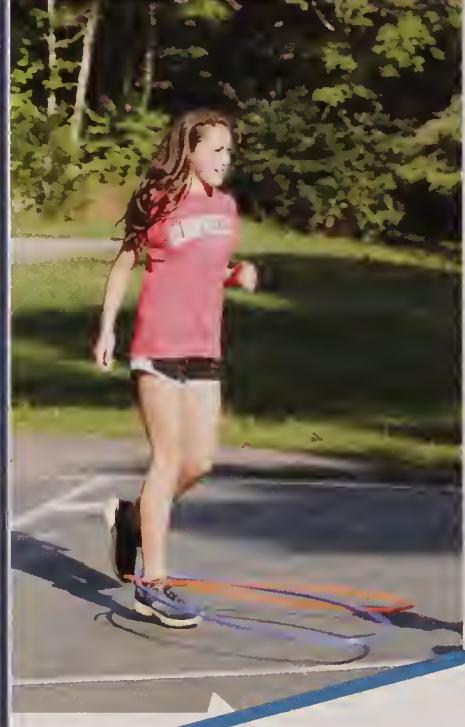
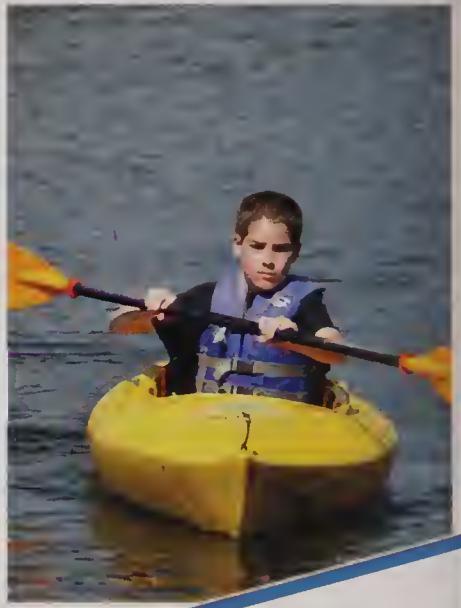
## ROOTS AND SHOOTS





# BEACH CLEAN UP

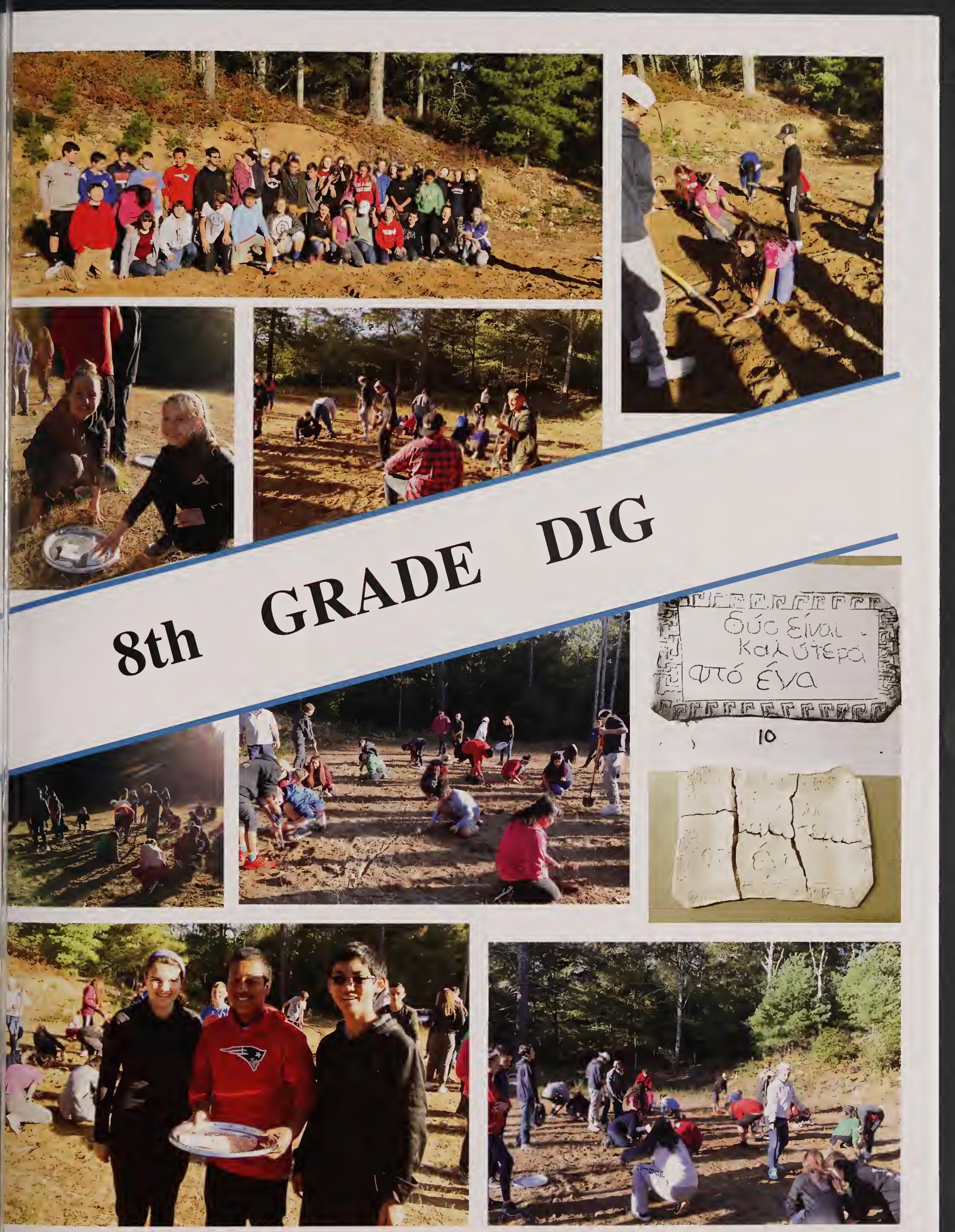




# 7th GRADE TRIP



# 8th GRADE DIG

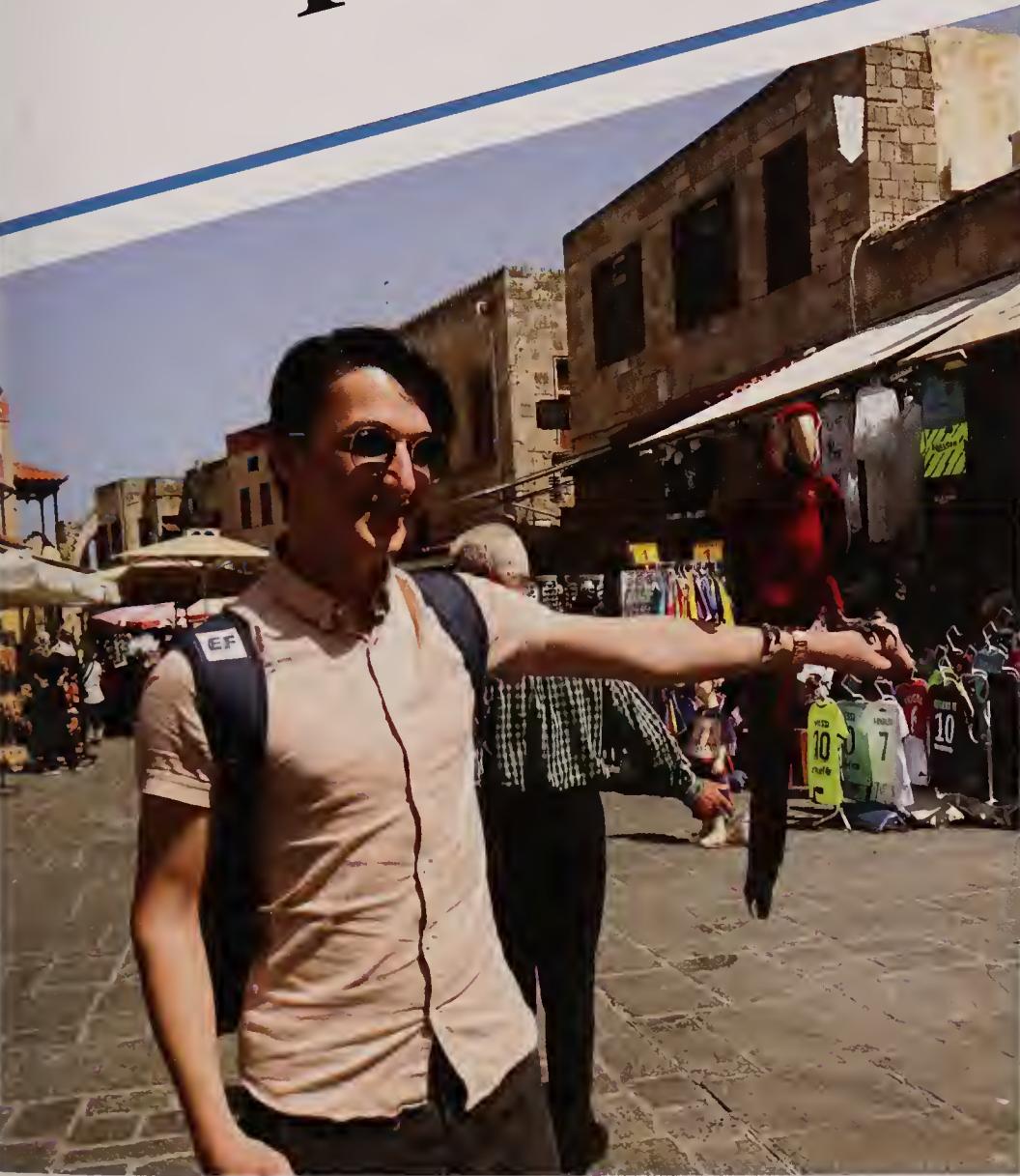
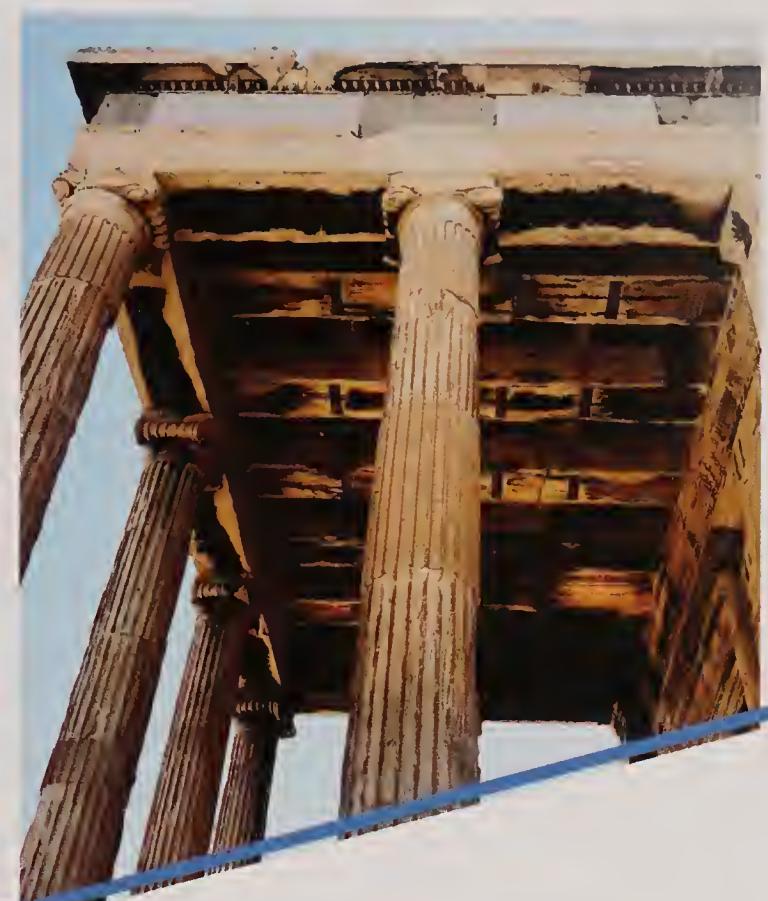




# CULTURAL TRIP



# TO GREECE





# US AND THEM





YOU'RE A GOOD MAN CHARLIE BROWN

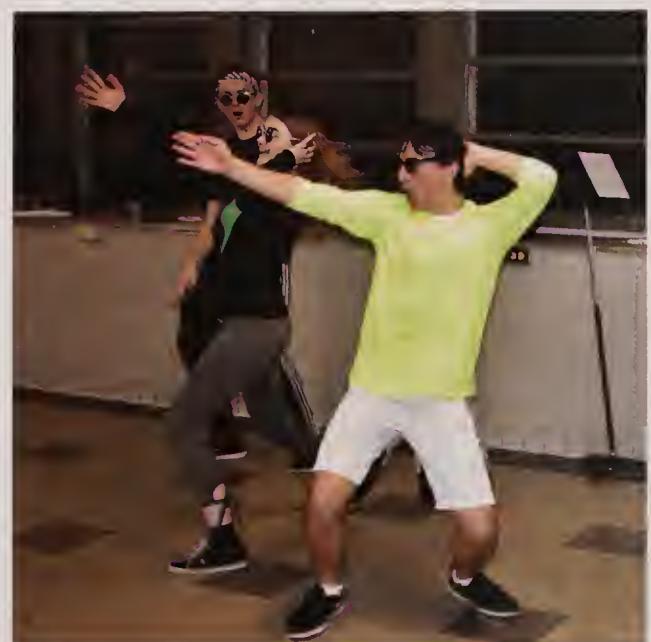




EDUCATIONAL AND ENJOYABLE



# INTERNATIONAL NIGHT





# FRIENDS



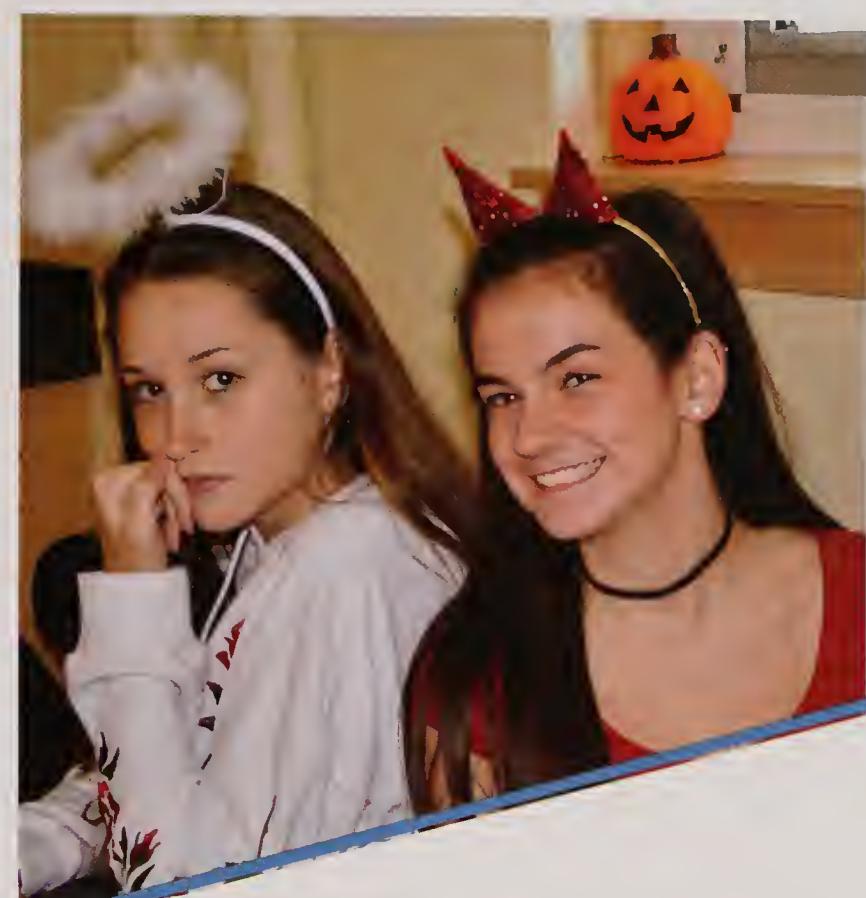
# SCHOOL SPIRIT





# CELEBRATIONS





# HOLIDAYS



# CAMPUS MINISTRY



# UNDERCLASS AWARDS



Grade 9 Moderator :  
Mr. Duchaney  
Outstanding Freshman :  
Emily Porelle

Grade 10 Moderator :  
Mr. Concannon  
Outstanding Sophomore :  
Siqia Weng (James)

Grade 11 Moderator :  
Mr. Concannon  
Outstanding Junior :  
Emily Finn

# National Junior Honor Society Induction

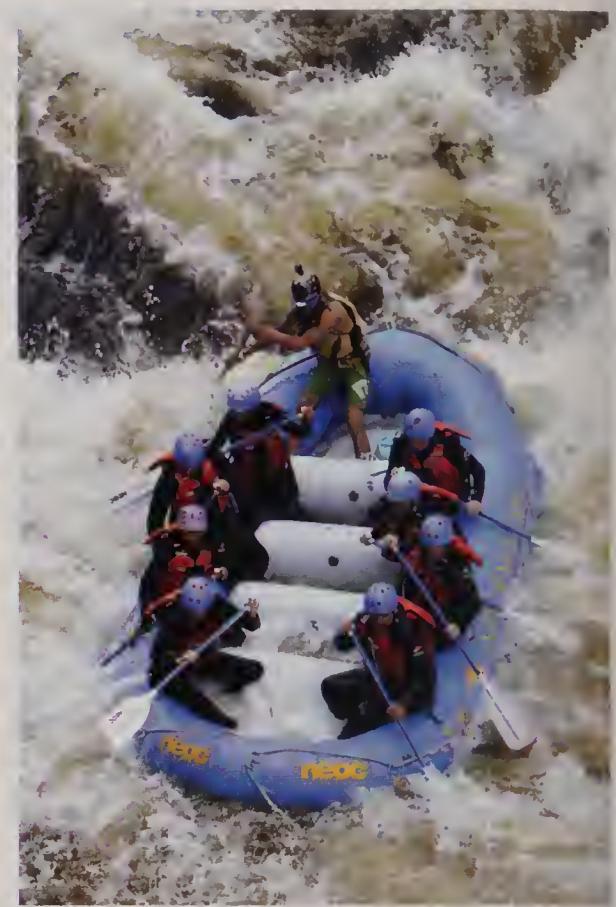


# National Honor Society Induction



# SENIOR WHITE WATER

NOW YOU SEE  
THEM . . .



NOW YOU DON'T . . .

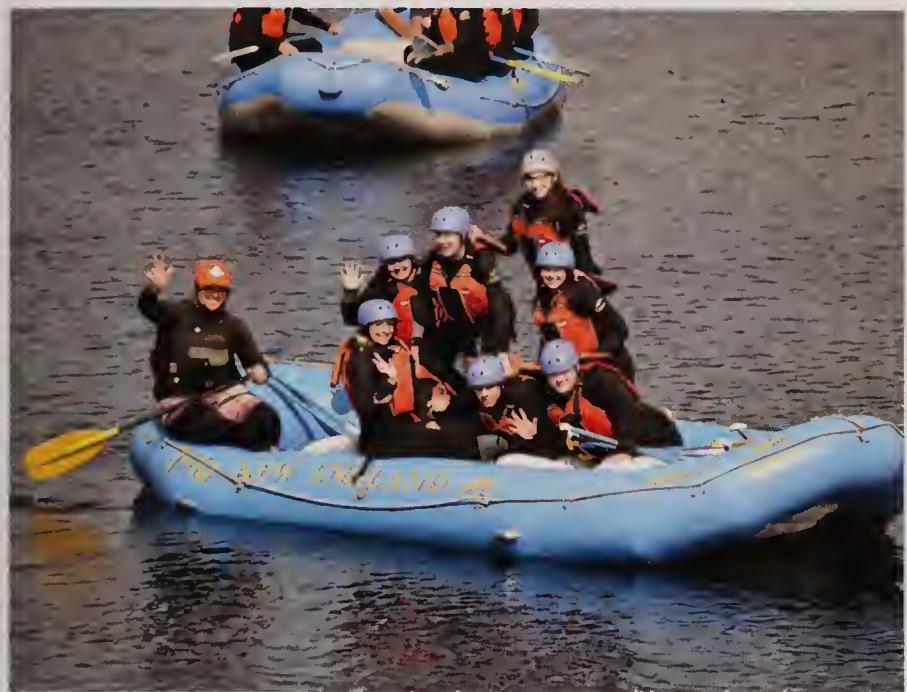


NOW YOU SEE  
THEM . . .

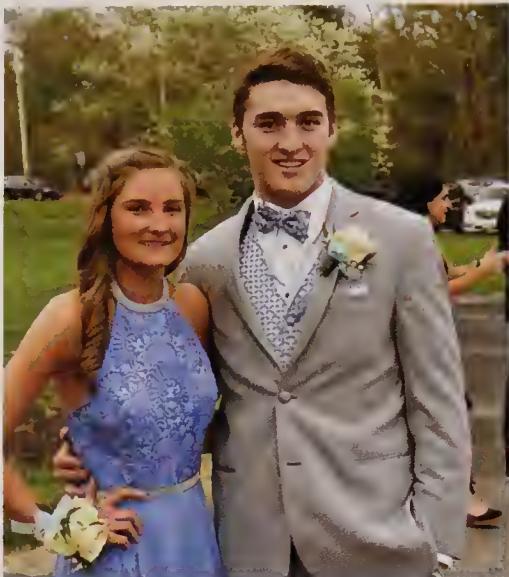


2018  
class of

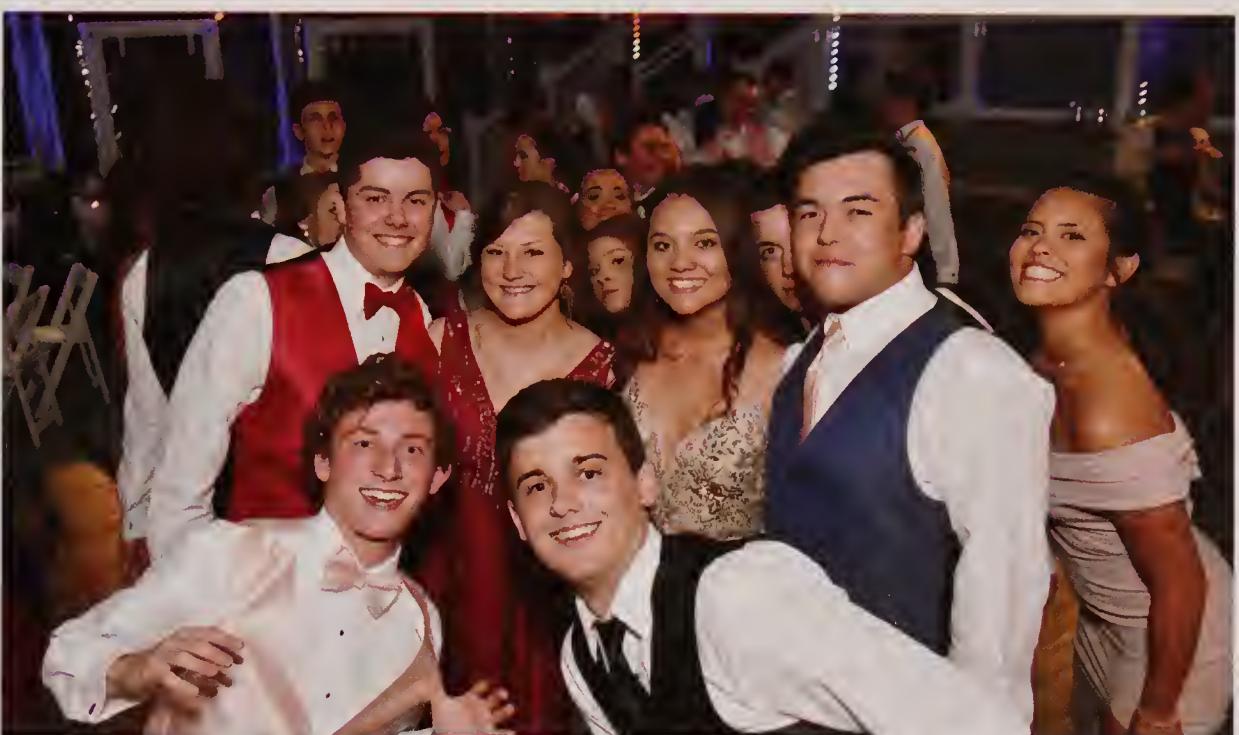
# RAFT TRIP



# PROM



# PROM



# SENIOR



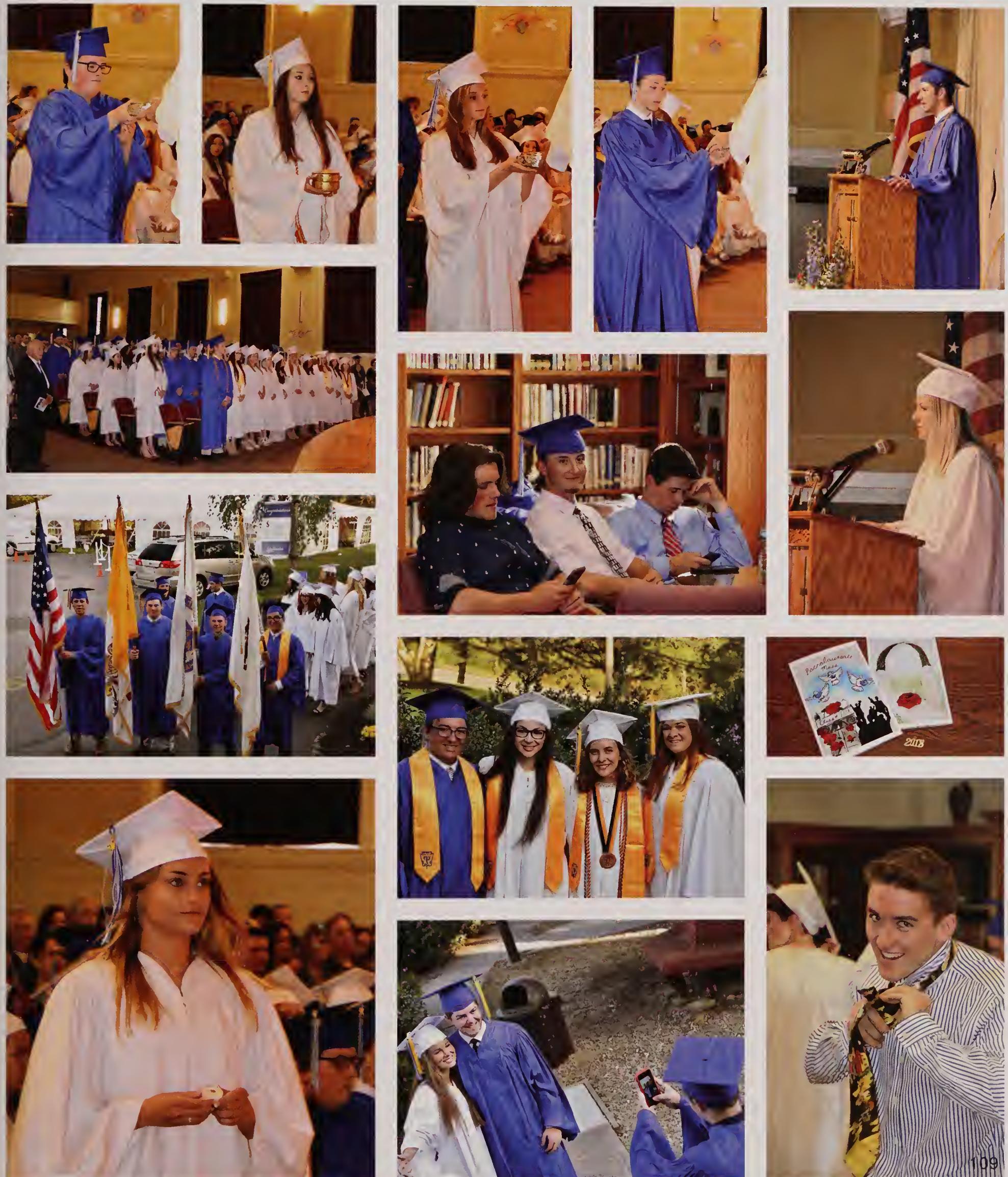
# MEMORIES



## SENIOR AWARDS



# BACCALAUREATE



# GRADUATION



# GRADUATION



# FEATURED



Above left: Ketteler Medal Recipient , Timothy J. McGourthy, '89, addresses graduates: "Make the most of your opportunities . . . Remember the lessons Sacred Heart has taught you. . ."

Above Center: Invocation by Sr. Emma Jean Middendorf, CDP

Above right: Principal Dr. Michael Gill provides Welcome: "Great qualities of a great school . . . Be kinder than necessary. . ."

Right: Eve Flederman gives a moving rendition of the Star Spangled Banner

Below left: Class President, Sean Flaherty: "Make chances to change Earth for the better."

Below center: Valedictorian, Olivia Colombo: "Remember adventures, turn passion into compassion, the power of 1."

Below right: Salutatorian, Zoe Volney: "Family, sharing, happiness."



# GRADUATION



Left: Conferring of Diplomas and Awards: Jean Marston, Vice Principal, Sr. Myra Rodgers, CDP, President  
Right: National Honor Society Awards, Sr. Janice Carmen, SND





## Caitlin Ruth Brown

I am very proud of you and all of your accomplishments! You will have a successful future in whatever you do. I love you xo Mom



## Christopher Donald Brown

I am very proud of the young man you have become! I know you will succeed in everything you do. Congratulations!! I love you xo Mom



# DJ Doncaster

Pride and Joy is an understatement.

We have never had to say the words  
"try harder" to you.

You always try your hardest! You  
always give it your all! You always strive  
for excellence.

The best is yet to come for you. The  
sky is the limit.

We love you so much.

We are so proud!

We are your biggest fans!

Dad, Mom and Sam



## Jack Gallo



Congratulations, Jack! We have so enjoyed watching you evolve into the young man you are today. Keep putting your foot forward one step at a time as you embark on your next adventure. We love you always! Mom & Dad

## Kaitlyn Melchionda

Congratulations on all that you have accomplished. Stay focused, work hard and have fun! We are so proud of you! Always keep your family close to your heart as you follow your dreams. Love, Dad, Mom, Lauren, Marissa & Ben



# Caitlin Prario

Daughter, I am full of pride and love for you. I have been blessed to have you to laugh with, dream with, spend each day with. From your kindness, honesty & love to our craziness & uncontrollable laughter- our special bond makes my day -every day. No matter what happens in your life, I have confidence in your ability to make the right choices. Always live a life that you can be proud of. Take pride in how far you have come & have faith in how far you can go. I wish you the strength to face challenges, believe in yourself as much as I do. Enjoy life to the fullest & experience great things! I will always be your biggest fan, protector & love you unconditionally. Lastly, my beautiful daughter, always remember: you are strong, special, talented, smart & you can accomplish ANYTHING your heart desires. I know all this because I am your mother therefore I know everything. With pride, love & gratitude, Mother



# Rose Crossman



*You've got strength and intelligence, beauty and imagination. You're passionate, headstrong, full of conviction and once you realize the full potential of these gifts, they will take you to places that many people will never be in their lives. We're so proud of you. Congratulations on your graduation from High School!*

*We love you!  
Dad, Mom, Zach & Sami*





# Rachel Truski

*"To be yourself in a world  
that is constantly trying to make you  
something else is the greatest accomplishment."*

—Ralph Waldo Emerson



To our sunshine,

As this chapter of your life draws to a close, we reflect back in awe of all that you have accomplished. It is difficult to imagine our home without you as a daily part of it. We will miss watching you play your soccer and lacrosse games with the talent and hidden passion that you bring to the field. But knowing where you are headed in life, and everything that your future holds, fills us with joy. Wherever life takes you, we are certain that your hard work and determination will carry you far beyond what you imagine. We love you and are so incredibly proud of you beyond what words can express. We look forward to all that your future holds and wish you happiness and success in everything you do.

Much love, Mom, Dad, Kelsea and Eric



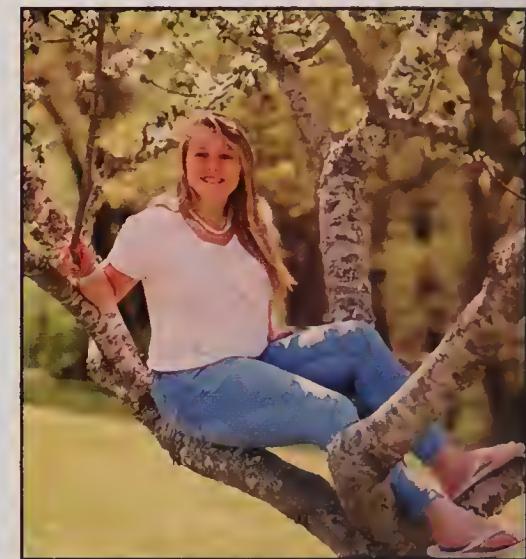
## Amanda Latini



Amanda,

Never forget that we love you. Life is filled with hard times and good times. Learn from everything you can. Be the woman we know you can be.

Love,  
Amanda and Dad



## Grace Marie Kidd

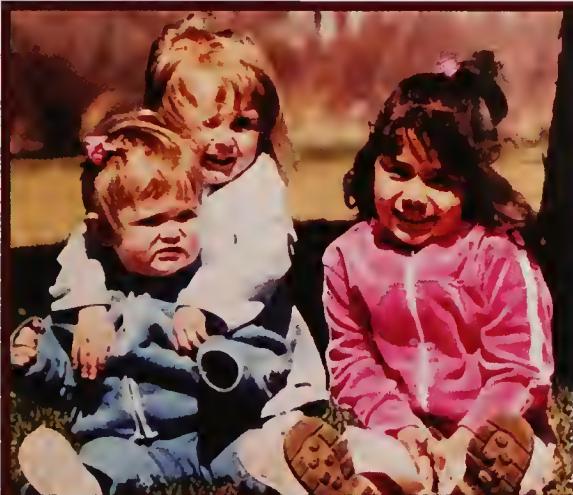


You are such a blessing in our lives. Congrats to you for this achievement. You have the foundation for success whether life is flat calm or choppy. We are always so proud of you! Love from, Mom, Dad, Jimmy and Pearl

# Elena Murphy

To Our Beautiful Daughter, Elena,  
We are so proud of the incredible young woman that you have become. From this determined sweet child to this unwavering take charge high school student, you know what you want from life and there is no doubt you will achieve it. As we look back on these brief 18 years we have had with you, we get nostalgic and teary eyed knowing that you are ready to take the world on your own. We have done our best to guide you to this one point in time. We are fully assured that "you've got this!". No matter where you go in life, we will always be there cheering you on. We will always have your back. No matter how much time passes, you will always be our beautiful little girl.

Love Always,  
Mom and Dad



Elena,  
We are so thrilled to call you our older sister! It truly has been a blessing to watch you accomplish so much throughout these years. We can't wait to see what the future has in store for you. Thank you for always being there for us, we just know we will be there for you.  
xoxo, Ariana and Rachel



# Sam Presutti

So grateful to Sam's friends who have been there along the way. We wish you all the best of success!

Sam, we couldn't be prouder, enjoy college, do good things. Love-Mom & Dad

"You're off to great places, today is your day, your mountain is waiting, so get on your way!" Dr. Seuss









